

Hello there,
We are Kevin and Debi Daly, co-founders of a ministry called *Broken Chains International*. BCI is a counseling, discipleship and training ministry which exists for the purpose of *Helping People Worldwide Experience Freedom in Christ*. We do this through counseling missionary and pastoral families at home and on the field, and by presenting these life-changing truths in local church conferences in the United States, Ireland and around the world.

We are thrilled our Father has had you come to the The Christ Life Conference. We are confident that you will find the conference to be a life-changing experience.

If you have access to the Internet, we would encourage you to look us up at www.BrokenChainsIntl.com. We trust that you will find items of encouragement, as well as come to know more about *Broken Chains International* and what God is doing through us these days.

We would be honored to have you sign up for our prayer updates and e-newsletter while you are here or online. Prayer support is so essential in this ministry, and we'd be delighted if you would join our prayer support team. We would also love to be able to keep you updated on our journey.

If we can ever help you in any way, please don't hesitate to let us know.

Yours for souls worldwide,

Kevin and Debi Daly
Broken Chains International



Conference Speakers:
Kevin & Debi Daly

BROKEN CHAINS INTERNATIONAL

CORRESPONDENCE & COUNSELING:
PO Box 801096, Acworth, GA 30101 USA

FINANCIAL SUPPORT & COUNSELING:
350 Stafford St., Cherry Valley, MA 01611

COUNSELING:
26 Sefton, Rochestown Ave. Dun Laoghaire, Co. Dublin
Ireland

**COUNSELING, CONFERENCES & RETREATS
CONTACT:**

☎: +1.770.314.0293

✉: Help@BrokenChainsIntl.com

💻: www.BrokenChainsIntl.com



Broken Chains International

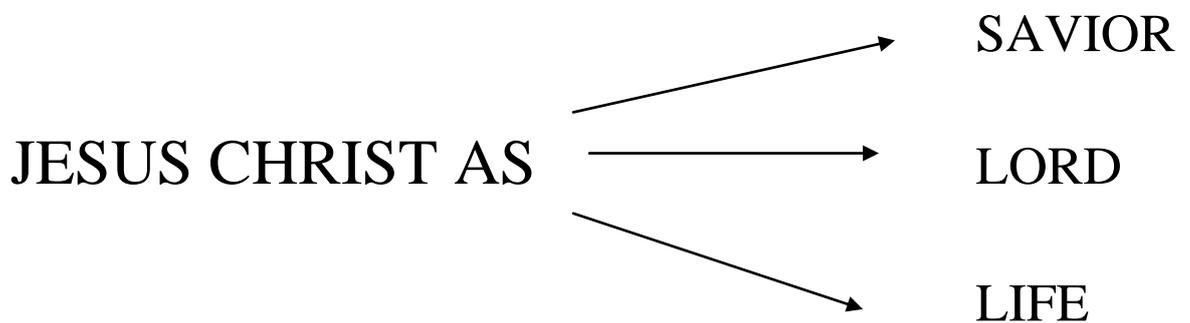
Experience The Freedom of Christ as Life!



Broken Chains International

Experience The Freedom of Christ as Life!

The Christ Life Conference



"I am crucified with Christ: nevertheless I live..." (Galatians 2:20)

Welcome!

We are **so** happy that you are here! Our desire is for God's very best for you in every way.

We will try to honor your time by adhering as closely as possible to the announced schedule. Please help us to do this by being in your place promptly at the beginning of each session and after breaks.

Conference Schedule ***THE CHRIST LIFE CONFERENCE***

Contents	Page/Day
Session 1: Introduction to The Christ Life	3-4 Sun
Session 2: Concept of God	5-9 Sun
Session 3: The Flesh	10-22 Mon
Session 4: The Christ Life	23-32 Mon
Session 5: Journey to the Cross	33-37 Tues
Session 6: The Believer's Identity	38-45 Tues
Session 7: The Believer's Victory	46-51 Wed
Session 8: Living the Christ Life	52-53 Wed
Appendix.....	54-59

Session 1: Introduction To The Christ Life

I. What's this Christ Life thing all about?

- (John 14:6) "Jesus saith unto him, **I am the way, the truth, and the life: no man cometh unto the Father, but by me.**"
- (Romans 5:10) "For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by **his life**."
- (Galatians 2:20) "I am crucified with Christ: nevertheless I live; yet not I, but **Christ liveth in me**: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me."
- (Philippians 1:21) "For to me to live **is Christ**, and to die is gain."
- (Colossians 3:3-4) "For ye are dead, and your life is hid with Christ in God. {4} When **Christ, who is our life**, shall appear, then shall ye also appear with him in glory."

II. Yes, but what does that have to do with me?

A. What is God's greatest purpose for me as His child?

- | | |
|------------------------|---------------------|
| 1. To serve the Lord | Acts 17:24,25 |
| 2. To obey the Lord | Mark 4:41 |
| 3. To love the Lord | 1 John 4:10 |
| 4. To glorify the Lord | 1 Corinthians 10:31 |

B. How do I fulfill this purpose?

Possibilities:

-
-
-
-
-

Producing right behavior does not necessarily glorify God.

C. God's Answer:

(John 13:31) "Therefore, when he was gone out, Jesus said, **Now is the Son of man glorified, and God is glorified in him.**"

(Colossians 1:27) "To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory:"

Jesus Christ, expressing _____ through me gives God the greatest glory!

III. What hinders Christ expressing His life through me?

A. Two ways of living:

(Galatians 5:16-17) "This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. {17} For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. {18} But if ye be led of the Spirit, ye are not under the law."

Achieving System

Receiving System

TRUSTING

DOING

ABIDING

TRYING TO BE LIKE JESUS

B. _____ hinders the expression of Christ's life through us.

Session 2: Concept of God

“Nothing twists or deforms the soul more than a low or unworthy concept of God.” A.W. Tozer

WHO IS GOD?

Instructions: Answer these questions according to your FEELINGS with your WORST DAY in mind. What you will find is that you KNOW the right answers to the questions, but at your worst, you FEEL differently. Honestly, answer the questions to the best of your ability; if you cannot answer a question, go on to the next question.

Why is it important to examine your feelings? This will show that you are living out of what you know, or what you feel. Now, take the questions and answer them according to your FEELINGS with your WORST DAY in mind.

1. When I think about God, I feel _____.
2. When I have to trust God, I feel _____.
3. When I think about God, I wish _____.
4. Sometimes I get angry with God when _____.
5. It frustrates me when God wants me to _____.
6. I really enjoy God _____.
7. The one thing I would change about myself to please God
is _____.
8. When I think about God's commands, I feel _____.
9. Sometimes, I wish God would _____.
10. I can really depend on God when _____.
11. In my relationship with God I am always sure that He will
_____.
12. The one thing that frightens me about God is _____.
13. God surprises me when _____.
14. The one thing I am afraid God will do is _____.

(See pages 53 & 54 for added exercises)

I. Two Concepts of God

A. Intellectual – *differing expectations of God*

High: _____

Low: _____

B. Emotional – *often based on feelings, not on objective truth*

II. Development of Concept of God

A. The Intergenerational Cycle – *a _____ concept of God*

B. Attribution – *assessment of God based on _____*

C. Parental Projections – *a parent's treatment being projected onto God*

D. Self-Projection – *what one thinks of oneself becoming _____*

E. Early Religious _____ and _____

III. Symptoms of a distorted view of God

A. Conflict

B. _____

C. Fear

D. Not sensing God's _____

E. Open rebellion toward God

IV. Changing our distorted view of God

A. Admit that there is a possibility that you could have some distorted views of God.

B. Admit and be honest about what you feel about God.

C. Acknowledge and reject the lies you carry.

D. _____ to see God for who He truly is.

WHO IS GOD TO US?

Genesis 15: 1	He is our shield (defense) and our very great reward.
Jeremiah 32:17	Nothing is too difficult for Him.
Ephesians 3:20	He is able to do immeasurably more than all we ask or imagine according to His power that is at work within us.
Romans 8:31	If God is for us, who can be against us?
Romans 8:38-39	Nothing in all creation can separate us from His love.
John 17:23	He loves us as much as He loves Jesus.
Isaiah 40:12-31	He is absolutely sovereign, who knows the end from the beginning.
Isaiah 46:3-10	His purposes will stand.
Psalms 103	His love for us is greater than the height of the heavens above the earth. He has removed our sins from us and has compassion on us as a loving Father on a son or daughter.
Hebrews 13:5	He will never, never leave us nor forsake us.
Psalms 86:15	He is gracious and compassionate, slow to anger and abounding in love and faithfulness.
Matthew 11:29	He is gentle, tender, and humble in heart.
Ephesians 3:16-19	His love for us is beyond our natural mind's ability to grasp.
Colossians 3:12	He has chosen us and loves us dearly.
Psalms 23	He is our Shepherd and supplies all our needs.
John 10:14,15	He restores our soul.
Genesis 15:20 & Romans 8:28	He has everything rigged to work for our good.
Psalms 25:3 & Isaiah 49:23c	No one who puts their hope in Him will be put to shame or disappointed.
Luke 6:35	He is kind to the ungrateful and the wicked.
Psalms 86:5	He is kind and forgiving and abounding in love to all who call upon Him.
I John 3:1	He has made us His own children.
Colossians 1:19	He has transferred us out of the kingdom of darkness and into the kingdom of His beloved Son.
I Corinthians 1:25	His "foolishness" is wiser than man's wisdom.
I Corinthians 1:30	He is our wisdom, righteousness, holiness, and redemption.
Philippians 4:19	He meets all of our needs according to His glorious riches in Christ.
Ephesians 1:3	He has blessed us with every spiritual blessing in heavenly places in Christ.
II Corinthians 3:5	He is our adequacy.
Psalms 91	He is our shelter, our refuge and fortress.
Philippians 1:6	He will complete the work He has begun in us.

The Cry of a Father's Heart from Genesis to Revelation...

Father's Love Letter

My Child...

You may not know me, but I know everything about you ...Psalm 139:1
I know when you sit down and when you rise up ...Psalm 139:2
I am familiar with all your ways ...Psalm 139:3
Even the very hairs on your head are numbered ...Matthew 10:29-31
For you were made in my image ...Genesis 1:27
In me you live and move and have your being ...Acts 17:28
For you are my offspring ...Acts 17:28
I knew you even before you were conceived ...Jeremiah 1:4-5
I chose you when I planned creation ...Ephesians 1:11-12
You were not a mistake ...Psalm 139:15-16
For all your days are written in my book ...Psalm 139:15-16
I determined the exact time of your birth and where you would live ...Acts 17:26
You are fearfully and wonderfully made ...Psalm 139:14
I knit you together in your mother's womb ...Psalm 139:13
And brought you forth on the day you were born ...Psalm 71:6
I have been misrepresented by those who don't know me ...John 8:41-44
I am not distant and angry, but am the complete expression of love ...1 John 4:16
And it is my desire to lavish my love on you ...1 John 3:1
Simply because you are my child and I am your father ...1 John 3:1
I offer you more than your earthly father ever could ...Matthew 7:11
For I am the perfect father ...Matthew 5:48
Every good gift that you receive comes from my hand ...James 1:17
For I am your provider and I meet all your needs ...Matthew 6:31-33
My plan for your future has always been filled with hope ...Jeremiah 29:11
Because I love you with an everlasting love ...Jeremiah 31:3
My thoughts toward you are countless as the sand on the seashore ...Psalm 139:17-18
And I rejoice over you with singing ...Zephaniah 3:17
I will never stop doing good to you ...Jeremiah 32:40
For you are my treasured possession ...Exodus 19:5
I desire to establish you with all my heart and all my soul ...Jeremiah 32:41
And I want to show you great and marvelous things ...Jeremiah 33:3
If you seek me with all your heart, you will find me ...Deuteronomy 4:29
Delight in me and I will give you the desires of your heart ...Psalm 37:4
For it is I who gave you those desires ...Philippians 2:13
I am able to do more for you than you could possibly imagine ...Ephesians 3:20
For I am your greatest encourager ...2 Thessalonians 2:16-17
I am also the Father who comforts you in all your troubles ...2 Corinthians 1:3-4
When you are brokenhearted, I am close to you ...Psalm 34:18
As a shepherd carries a lamb, I have carried you close to my heart ...Isaiah 40:11
One day I will wipe away every tear from your eyes ...Revelation 21:3-4
And I'll take away all the pain you have suffered on this earth ...Revelation 21:3-4
I am your Father, and I love you even as I love my son, Jesus ...John 17:23
For in Jesus, my love for you is revealed ...John 17:26
He is the exact representation of my being ...Hebrews 1:3
He came to demonstrate that I am for you, not against you ...Romans 8:31
And to tell you that I am not counting your sins ...2 Corinthians 5:18-19
Jesus died so that you and I could be reconciled ...2 Corinthians 5:18-19
His death was the ultimate expression of my love for you ...1 John 4:10
I gave up everything I loved that I might gain your love ...Romans 8:38-39
If you receive the gift of my son Jesus, you receive me ...1 John 2:23
And nothing will ever separate you from my love again ...Romans 8:38-39
Come home and I'll throw the biggest party heaven has ever seen ...Luke 15:7
I have always been Father, and will always be Father ...Ephesians 3:14-15
My question is...Will you be my child? ...John 1:12-13
I am waiting for you. ...Luke 15:11-32

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...Love Your Dad
Almighty God

Session 3: THE FLESH

Introduction

A. A Revelation is Needed!

"To me to live is Christ. No believer will truly come to know the Lord Jesus as his life until he knows by experience the deadly self-life deep within for what it is. Dr. Scofield said: 'Not everyone, by any means, has had the experience of the seventh of Romans, that agony of conflict. It is a great blessing when a person begins to realize the awful conflict of his struggle and defeat. Of all the needy classes of people, the neediest of this earth are not those who are having a heartbreaking, agonizing struggle for victory, but those who are having *no* struggle at all and *no* victory, and who do not know it and who are satisfied and jogging along in a pitiable absence of almost all the possessions that belong to them in Christ.'

"Self-revelation precedes divine revelation-that is a principle for both the humbling of self for salvation and the breaking of self for spiritual growth. The believer who is going through struggle and failure is the Christian who is being carefully and lovingly handled by his Lord in a very personal way. He is being taken through the experience of self-revelation and into death; the only basis upon which to know Him, and the power of His resurrection, and the fellowship of his sufferings, being made conformable unto his death (Philippians 3: 10)."

Miles Stanford, *Steps to Spiritual Growth*

B. A Biblical Perspective of Flesh

Depending on which version of the Bible you use, the "flesh" may also be known as the "sinful nature," "self," or as we use it in this Conference--the "self-life." Later in the Conference it will be distinguished from the "old man" and the "power of sin." The flesh may be defined as a condition in which man operates out of his own resources, doing things his own way. Thus, a person may be attempting to achieve his own acceptance and/or his own victory. The flesh is in operation in a non-Christian continuously. In a Christian, the flesh is operating whenever the believer is not abiding in Christ and walking by the Spirit, and thus is operating under the power of "indwelling sin." This too will be further explained in the Conference.

The flesh in a Christian attempts to develop a self-identity or self-image which is *not* centered around the believer's identity in Christ but around one's self. As this development progresses, the defeated Christian is habituated to the false identity. He is "living according to the flesh" (Romans 8: 1-17, especially vv. 4-5).

I. The Flesh Defined

A. Traditional Religious View:

- 1) _____
- 2) _____
- 3) _____

B. The Biblical View:

(Isaiah 53:6) "All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all."

(Philippians 2:21) "For all seek their own, not the things which are Jesus Christ's."

(John 6:63) "It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life."

Definition of the Flesh:

The flesh (self-life) is the condition (mind-set, attitude, or strategy of living) in which my primary focus is on myself, leading me to live out of my own resources (such as humor, talents, education, looks, or self-discipline) in order to:

- 1) Cope with life,
- 2) Solve my problems,
- 3) Meet my needs, or to
- 4) Become a success.

Flesh is living life _____ of Christ.

Four Basic Human Needs:

L.

A.

W.

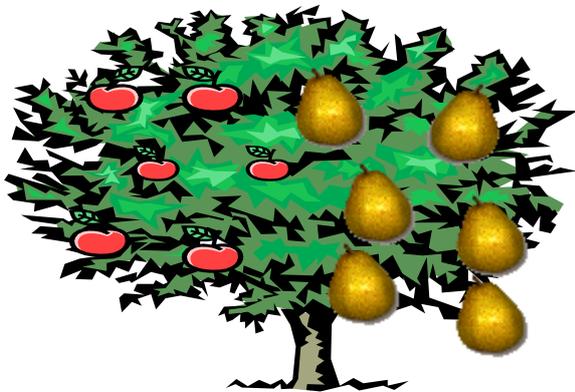
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II. The Biblical Origin of the Flesh

Diagram 1

The Two Trees

The Tree of
Knowledge of
GOOD AND EVIL



The
Tree of
LIFE



INDEPENDENCE

LAW

FREEDOM

LIFE

III. Varieties of Flesh:

1. Well-Adjusted

2. _____

3. Self-Deprecating

4. _____

5. Self-Centered

6. _____

7. Credit Card

8. _____

9. Workaholic

10. _____

11. Indulgent

12. _____

IV. The Most Common Characteristics of Flesh:

A. Flesh is a _____.

Methods of Control:

1. Critical Attitude

2. _____

3. Silent Treatment

4. _____

5. Blackmail/Intimidation

6. _____

7. Favoritism

8. _____

9. Passivity

10. _____

11. Religion

12. _____

Purpose of Control:

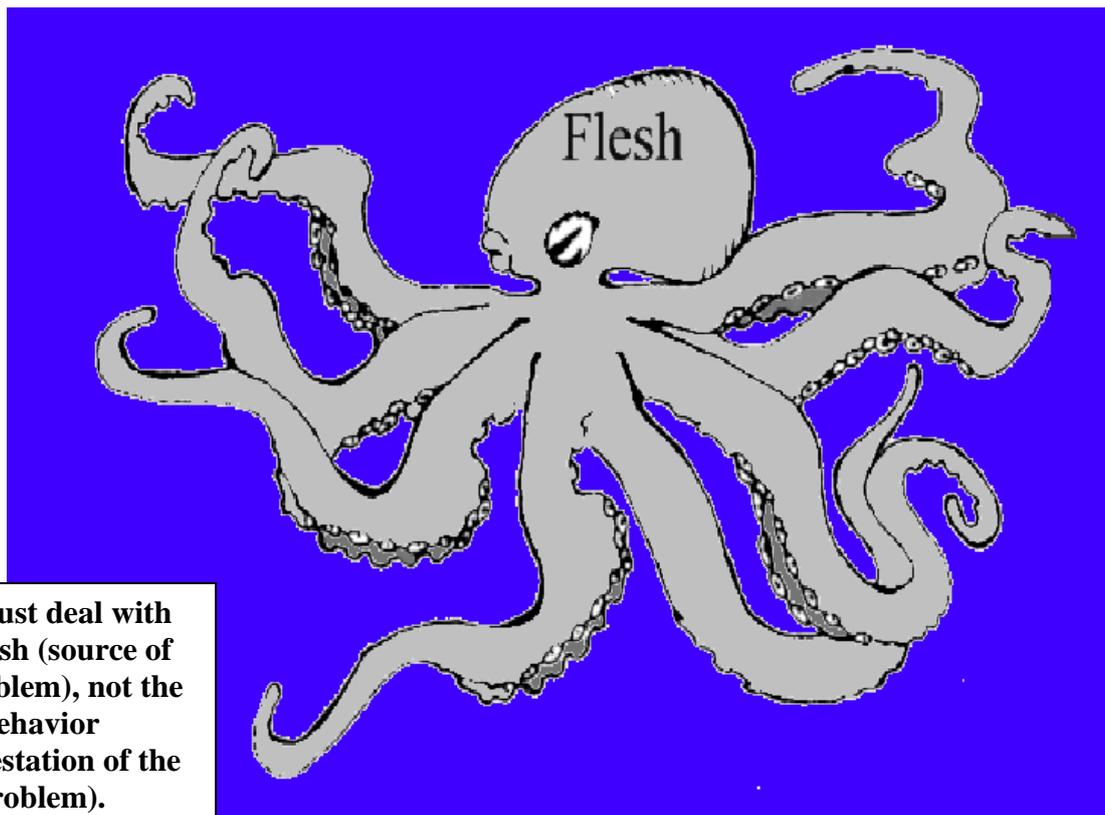
1. To keep God from controlling us
2. To keep us from getting overwhelmed by circumstances
3. To protect ourselves from others
4. To keep our emotions suppressed

B. Flesh is _____.

- 1.
- 2.
- 3.

C. Flesh is like an **Octopus**.

Diagram 2



(Galatians 5:16) This I say then, Walk in the Spirit, and ye **shall not** fulfil the lust of the flesh.

Neither control measures nor laws can change or reform the flesh. They can only temporarily alter its behavior.

D. Flesh holds me **CAPTIVE** and **ENSLAVES** me.

E. Flesh is _____.

F. Flesh builds its identity based on **ITSELF**.

G. Flesh is _____.

H. Flesh is an **IDOLATOR**.

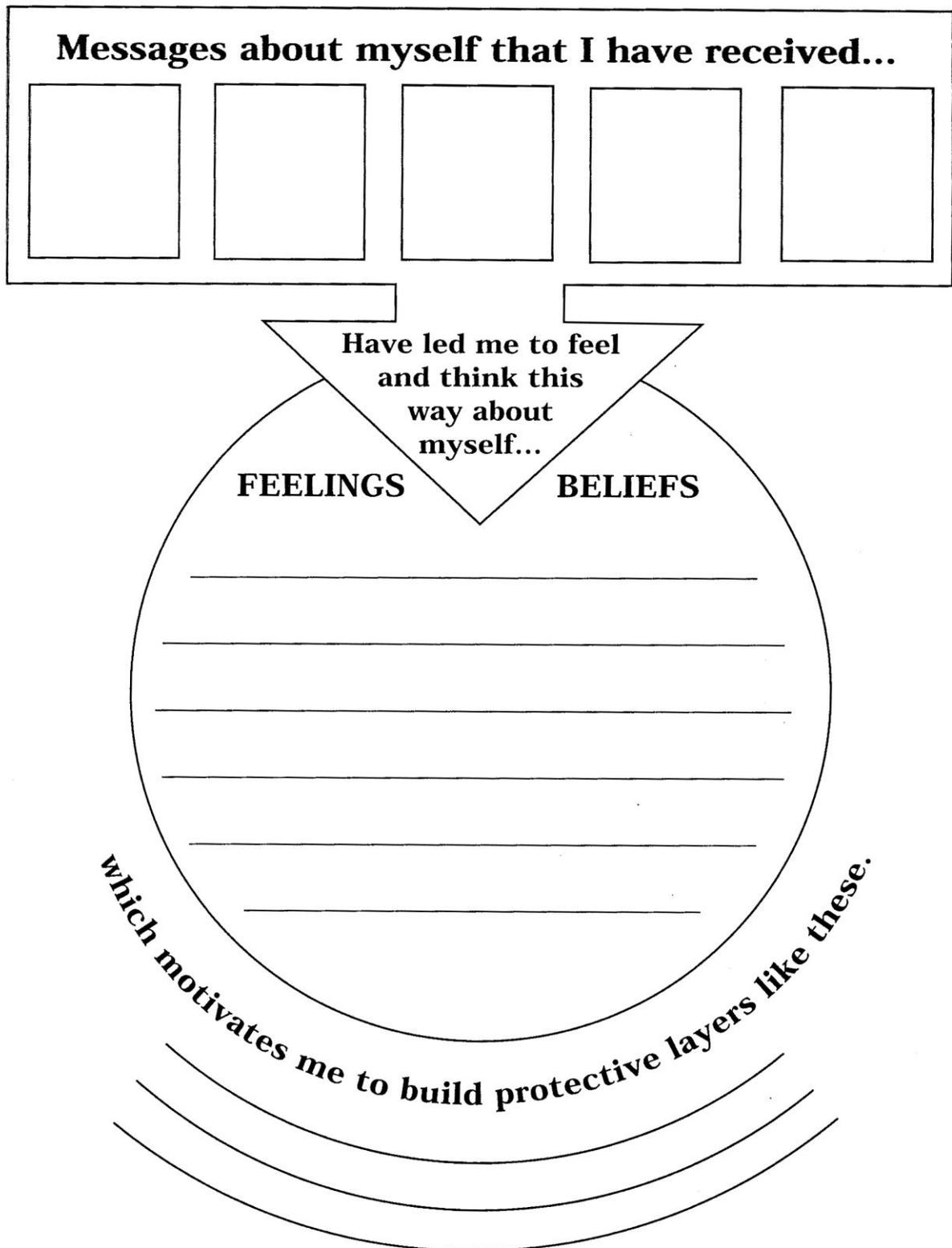
I. Flesh is a _____.

Rejection: the absence of meaningful love.

Overt Rejection (*obvious*):
Examples:

Covert Rejection (*subtle*):

Example of Life Messages



Messages about myself that I have received...

--	--	--	--	--

Have led me to feel
and think this
way about
myself...

FEELINGS

BELIEFS

which motivates me to build protective layers like these.

Flesh Check-Up

Below is a list of words and phrases, which may portray you much of the time when you are under pressure.

To cope when things aren't going right or going my way, I tend to ...

Become self-absorbed (self-consumed) by:

- becoming overly introspective
- feeling sorry for myself
- engaging in self-pity
- getting depressed by stuffing my anger and frustrations
- beating up on myself (hating myself)
- focusing on my suffering and trials to get attention and sympathy
- playing the role of a victim/martyr

Withdraw (isolate myself) by:

- becoming aloof (pulling away)
- going into a shell
- running and hiding (escaping)
- distancing myself from others
- avoiding others (becoming a loner)
- becoming unapproachable
- being overly introverted
- retreating to the silent treatment
- not communicating

Become obsessed with:

- accomplishments
- recognition
- status

- how I look
- what others think of me
- my physical health
- the past (especially past hurts and past failures)
- a devotion to a cause
- structure, order, rules, regulations

Escape pain/pressure through:

- carousing
- drugs/alcohol
- staying busy
- television
- athletics
- hobbies/games
- computers
- pornography
- entertainment
- overeating
- religious activity and service
- becoming a workaholic
- working (career, business, job)
- gloom & doom thinking (refusing to see the positive)
- sex
- talking
- school
- sleep
- religion
- reading
- fantasy
- movies

Become self-disciplined (self-reliant) by:

- becoming a perfectionist
- overcompensating by trying even harder so as not to fail
- becoming legalistic
- living "by the book"
- living by rules (have to's, should's, must's, ought's)
- becoming too hard and strict on myself and others

- setting unrealistic standards for myself and others
- basing acceptance (of self and others) on performance
- fearing making mistakes

Become self-indulgent (self-gratifying) by:

- becoming impulsive (hasty)
- buying things to feel better
- assuming "if it feels good, do it"
- becoming compulsive (lacking self-control)
- lusting (craving) for:
 - alcohol
 - drugs
 - caffeine
 - sex
 - sugar
 - junk food
 - cigarettes

Become anxious (worry and fret) by:

- becoming fearful (apprehensive)
- lacking peace and rest
- becoming paralyzed (going numb)
- becoming paranoid (overly suspicious)
- seeking astrology, horoscopes, fortune telling (tarot cards, palm reading, ouija boards, etc.) and/or the occult for guidance and strength

"To cope when things aren't going right or going my way,

I tend to ...

Become dominant by:

- becoming dictatorial (bossy)
- becoming demanding (pushy)
- becoming overbearing (controlling)
- becoming manipulative
- intimidating others
- demanding my rights

Try to stay in control through:

- blackmailing (making threats)
- manipulating (using coercion)
- using profanity (swearing)
- giving the silent treatment
- being passive (playing helpless)
- not eating (anorexia/bulimia)
- using guilt
- showing favoritism

Come across as insensitive:

- uncaring
- indifferent
- unconcerned
- unsympathetic

Become complacent (nonchalant) by:

- saying things like, "It doesn't matter...it's o.k."

Challenge others by:

- resisting authority
- becoming uncooperative (unteachable)
- causing dissension (strife)
- irritating (aggravating) others

- becoming argumentative, rigid, inflexible, closed-minded, stubborn, obstinate, unreasonable, or unyielding

Become pessimistic by:

- lacking confidence and optimism
- becoming skeptical (suspicious)
- distrusting others, myself, God, church, and/or government
- expecting the worst
- assuming the worst-case scenario to protect myself from disappointment and pain
- seldom being satisfied or content
- seldom being pleased with self/others
- becoming jealous of others' success and happiness

Develop a critical attitude by:

- finding fault with others, myself, and everything around me
- nit-picking things to death
- becoming judgmental (opinionated)
- becoming prejudiced (intolerant)
- complaining a lot (becoming negative)

Become hostile (vent my anger) by:

- becoming unfriendly (cynical)
- becoming hateful (malicious)
- becoming harsh (cruel and brutal)
- becoming sarcastic (caustic)
- having a quick temper

Become self-assured (self-confident) by:

- depending on myself instead of God
- becoming proud (haughty)
- becoming egocentric (acting pompous)
- bragging (being boastful)
- becoming arrogant (cocky)
- having a superior attitude (saying in effect: I must always be right ... I must always win ... I must always be the best)
- pretending that I know it all
- becoming conceited (smug)
- having difficulty asking for help

Become self-righteous (self-justifying) by:

- becoming defensive
- making excuses (rationalizing)
- covering up and hiding mistakes
- assuming I am never the problem
- pointing to someone or something else as the problem
- avoiding taking responsibility for failure or problems
- becoming critical of others (blaming others)
- having difficulty:
 - admitting I was wrong
 - apologizing
 - asking for forgiveness
 - expressing gratitude

"To cope when things aren't going right or going my way, I tend to ...

Become tense (nervous and agitated) by:

- finding it hard to relax
- becoming restless (high-strung)
- becoming impatient

Become emotionally insulated by:

- keeping people at a distance
- becoming inhibited (bottling up emotions)
- avoiding intimacy
- denying feelings; having difficulty expressing feelings and opinions openly and honestly
- becoming unable to express love in a meaningful way

Deny reality by:

- ignoring problems and hoping they will go away
- denying anything is bad or wrong
- lying (misleading)
- deceiving others and myself
- exaggerating (overstating matters)
- playing games to hide real intent
- conning people to get what I want

Hold a grudge (be resentful) by:

- becoming moody (sulky)
- harboring bitterness
- becoming unforgiving
- keeping a scorecard of wrongs done to me or by me

- trying to get even (seeking revenge)
- wanting others to fail or get hurt
- punishing myself or others

Fight unfairly (take cheap shots) by:

- becoming slanderous (misrepresenting the actual situation)
- gossiping (talking behind others' backs)
- engaging in passive aggressive behavior (i.e. using humor to hide real feelings, becoming sarcastic, refusing to communicate, becoming passive, forgetting things, procrastinating, being late, etc.)

Put up a front (not being real) by:

- faking it (hiding what I really think and feel)
- putting on a show (performing) to get attention and impress others
- becoming pretentious (phony, unreal)
- becoming superficial (plastic)
- becoming gushy (too sentimental)

Lack compassion, kindness, understanding, gentleness, and love.

Live by my feelings by:

- becoming too subjective (believing that truth is only what I feel)
- believing I'm okay only when I feel okay
- becoming too sensitive to criticism
- becoming hypersensitive

- taking things too personally
- reading in rejection when it isn't there, or setting things up to bring about rejections
- becoming touchy (irritable)
- being controlled by anger, doubts, emotions, fear, etc.

Become a pleaser (being nice) by:

- trying to be all things to all people
- trying to do the "proper or correct" thing
- trying to keep everyone happy
- trying to keep peace at all cost
- avoiding conflict at all cost
- becoming a doormat (letting others take advantage of me)
- expressing to others what I think they want to hear
- giving in to others too easily
- becoming controlled by others
- having difficulty:
 - saying no
 - setting boundaries
 - standing up for myself
 - becoming overly compliant
 - becoming too submissive

"To cope when things aren't going right or going my way, I tend to ...

Become passive (lacking initiative) by:

- quitting too easily (giving up)
- not taking chances
- playing it safe (pulling back and waiting)
- waiting for someone to tell me what to do and how to think
- depending on others instead of God
- vacillating (becoming too changeable)
- becoming indecisive (not making decisions)
- wanting someone else to make the decision for me
- avoiding failure at all cost
- procrastinating (putting things off)
- becoming irresponsible (becoming unreliable)
- becoming lazy, apathetic, lethargic

Become self-depreciating (self-condemning, self-critical) by:

- assuming I am always the problem
- becoming overly apologetic
- becoming too hard on myself
- having difficulty:
 - receiving love
 - receiving compliments
 - receiving forgiveness
 - forgiving myself
- clinging (becoming a leech) to those who finally accept me

- becoming uncomfortable with success

Become a caretaker (rescuer) by:

- becoming over-protective
- taking responsibility for others' feelings (becoming overly responsible)
- making decisions for others
- giving unsolicited advice
- trying to prevent others' failure
- becoming possessive (selfish)
- becoming a busybody (becoming too involved in others' affairs)
- becoming preachy (lecturing others)
- trying to find someone who needs me and who I can rescue
- nagging (badgering)
- talking too much and listening poorly

Become too intense (overly serious) by:

- becoming stoical (unemotional)
- having trouble dealing with feelings
- becoming overly analytical
- becoming stern (solemn/formal)
- lacking joy or life
- not being fun to be with

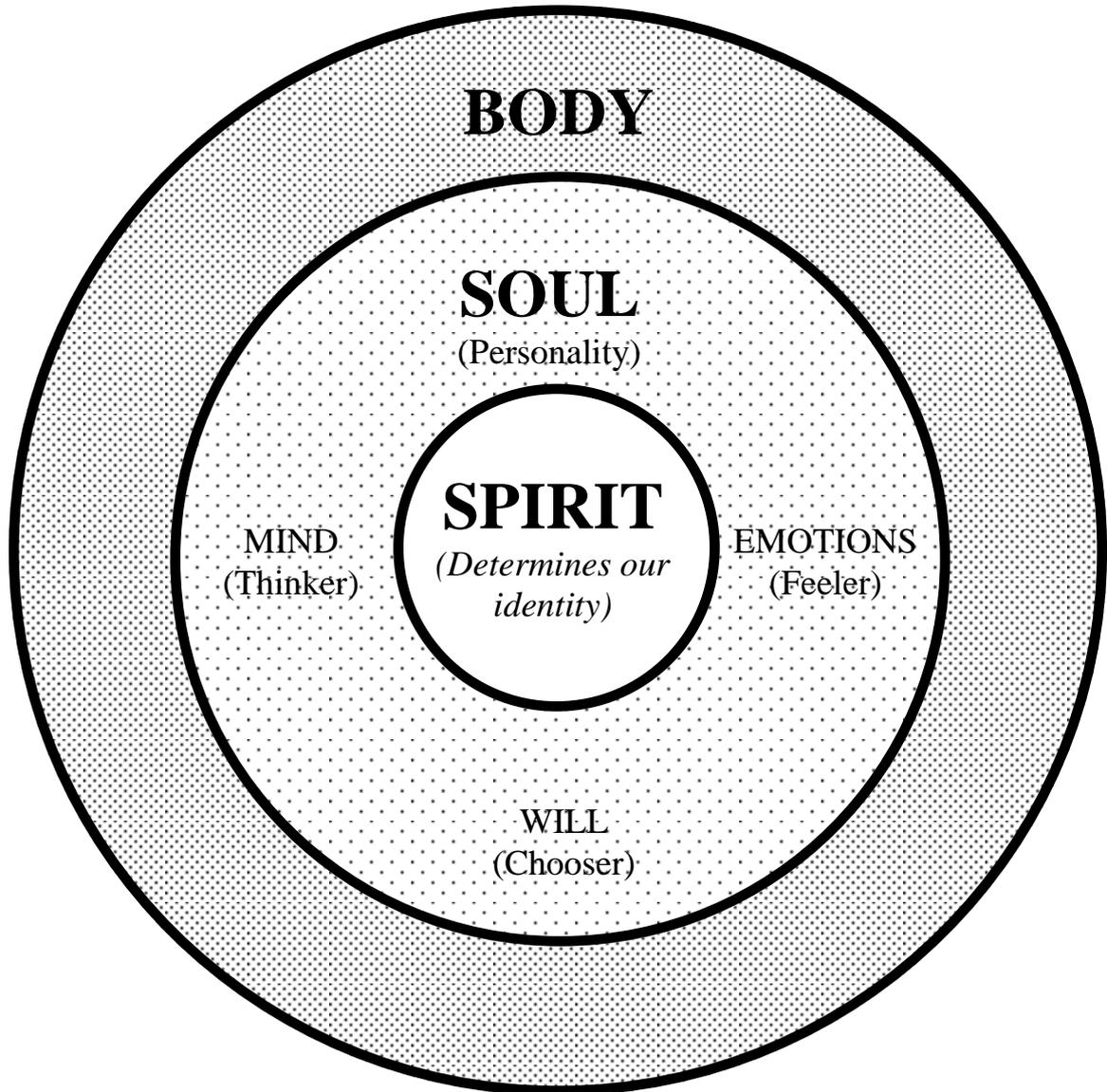
Feeling Word List

Happy	Sad	Angry	Confused	Scared	Weak	Strong
amused	awful	agitated	anxious	afraid	ashamed	active
anxious	bad	annoyed	awkward	anxious	blocked	aggressive
calm	blue	bitter	baffled	apprehensive	bored	alert
cheerful	bummed out	burned up	bewildered	awed	defenseless	angry
content	crushed	critical	bothered	cautious	demoralized	bold
delighted	depressed	disgusted	crazy	chicken	disorganized	brave
ecstatic	desperate	dismayed	dazed	edgy	distracted	capable
elated	devastated	enraged	disorganized	fearful	discouraged	confident
energized	disappointed	envious	disoriented	frightened	embarrassed	determined
excited	dissatisfied	fed up	distracted	hesitant	exhausted	eager
fantastic	distressed	frustrated	disturbed	horrified	fragile	energetic
fortunate	disturbed	furious	embarrassed	insecure	frail	happy
friendly	down	hostile	frustrated	intimidated	frustrated	healthy
fulfilled	embarrassed	impatient	helpless	jumpy	guilty	intense
glad	gloomy	irate	hopeless	lonely	helpless	loving
good	glum	irritated	jotted	nervous	horrible	mean
great	hateful	livid	lost	panicky(ed)	ill	open
hopeful	hopeless	mad	mixed up	shaky	impotent	positive
lively	hurt	outraged	panicky	tense	inadequate	potent
loving	lonely	perturbed	paralyzed	terrified	incapable	powerful
motherly	lost	put out	perplexed	threatened	insecure	quick
optimistic	low	riled	puzzled	timid	lifeless	secure
	miserable	resentful	shocked	uneasy	lost	solid
peaceful	painful	seething	stuck	unsure	overwhelmed	spirited
pleased	sorry	sore	stunned	worried	powerless	super
proud	terrible	ticked off	surprised		quiet	sure
refreshed	turned off	uptight	tangled		run-down	tough
relaxed	uneasy	worked up	trapped		shaky	
relieved	unhappy		troubled		shy	
rested	unloved		uncertain		sick	
satisfied	upset		uncomfortable		small	
spirited			undecided		stressed	
thankful			unsure		stupid	
thrilled			upset		timid	
turned on			weak		tired	
wound up					unsure	
warm					useless	
					vulnerable	
					worn out	

A Biblical Picture of Man

Man - A Three-Part Whole

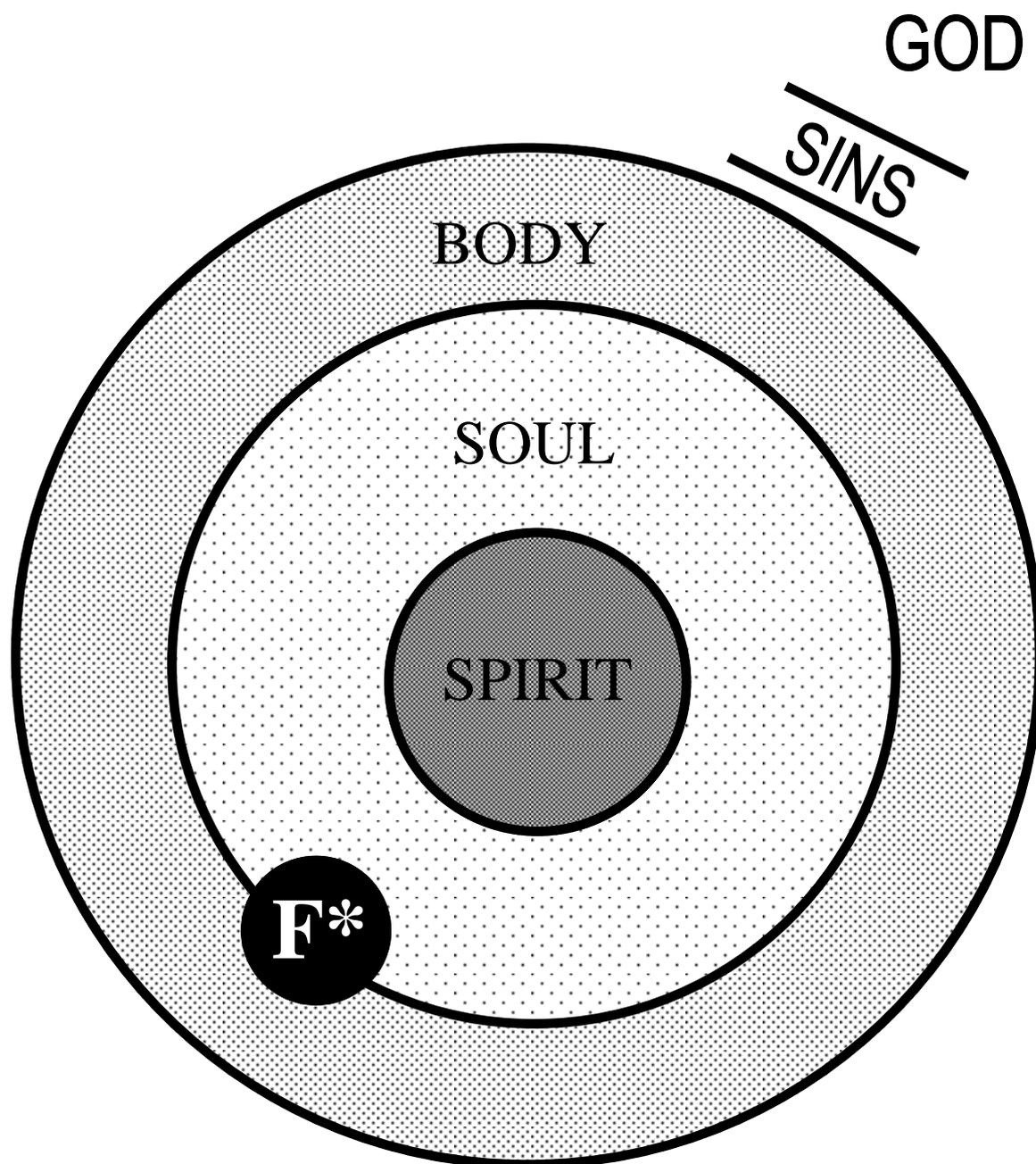
(1 Thessalonians 5:23; Hebrews 4:12)



Man is essentially a _____, who has _____, and lives in
a _____.

Pre-Salvation Person

(Isaiah 59:2; Ephesians 2:1-3)

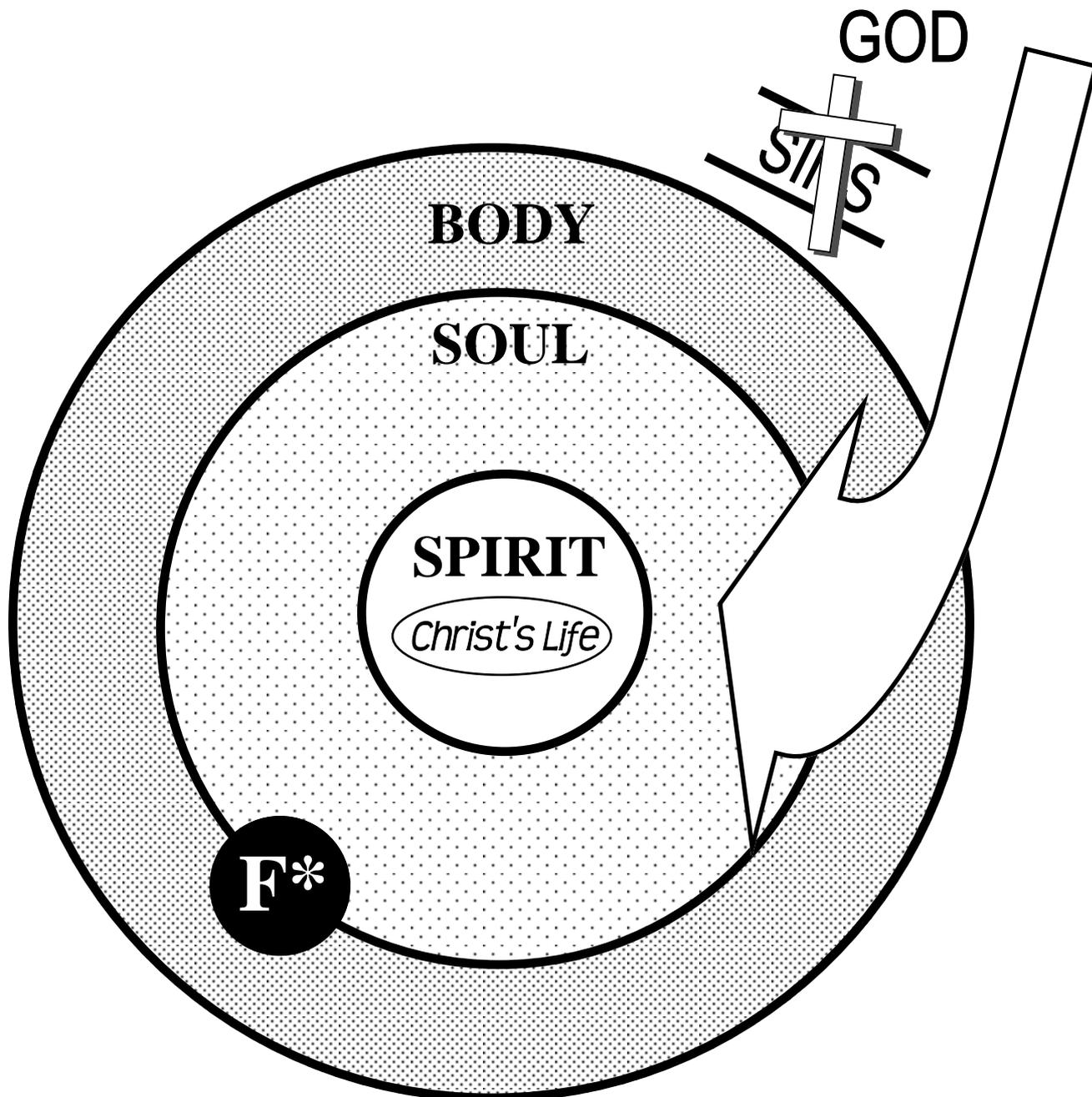


*Sometimes called "Self-Life"

*Man's basic problem at birth is that he is _____ from God,
and therefore, without _____.*

Saved Person

(Ephesians 1:7; Romans 5:6-10; Ezekiel 36:25-27; 1 Corinthians 3:16, 6:17)



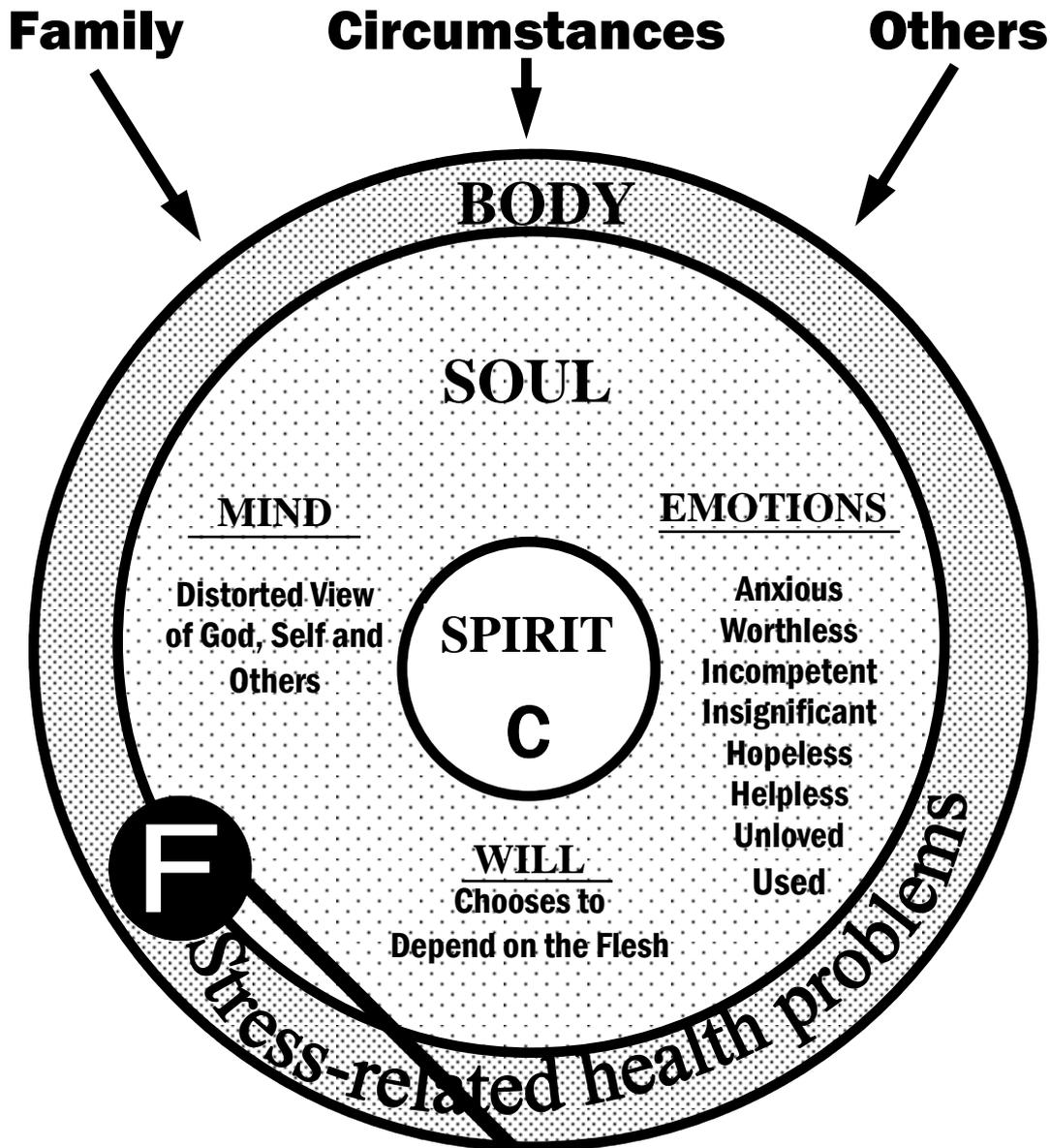
*Sometimes called "Self-Life"

NOTE:

*Christ gave His life _____ us, in order to give His life _____ us, in
 order that He might _____ His life _____ us.*

Negatively Programmed Flesh

(Many Rejective and Traumatic Experiences)



SELF-PITY, ESCAPISM, WITHDRAWAL

PERFORMING FOR ACCEPTANCE

CONTROL, ANGER, ETC.

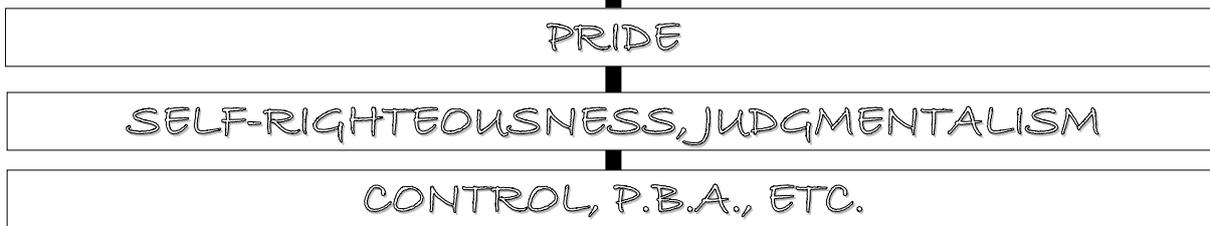
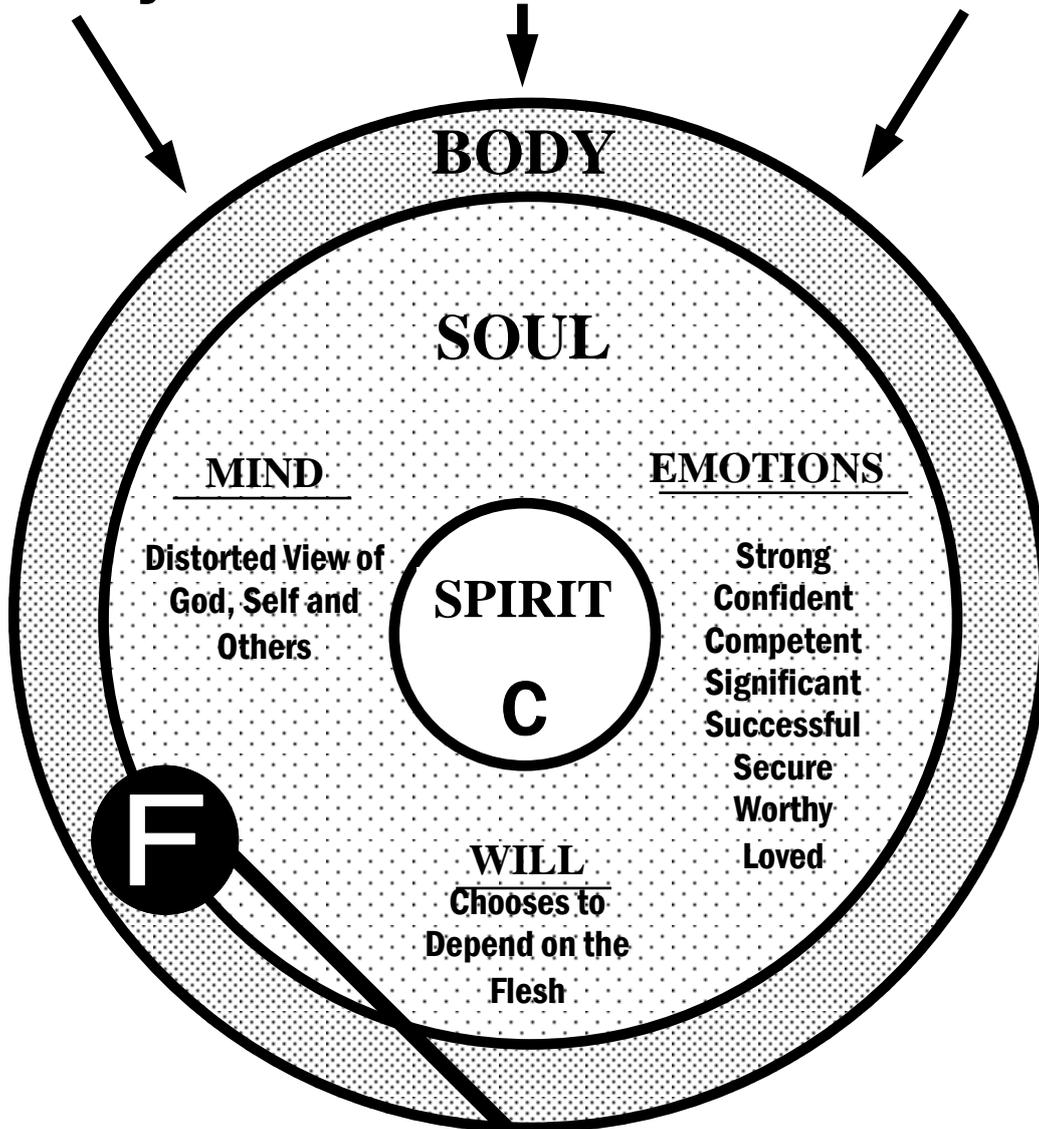
CONFLICT AND FRUSTRATION

When a person depends upon his/her own strength to cope with present pressures and past rejections, the result is ultimately _____ and _____.

Looks **Positively Programmed Flesh**

(Positive Experiences and Few Rejections)

Family **Circumstances** **Others**

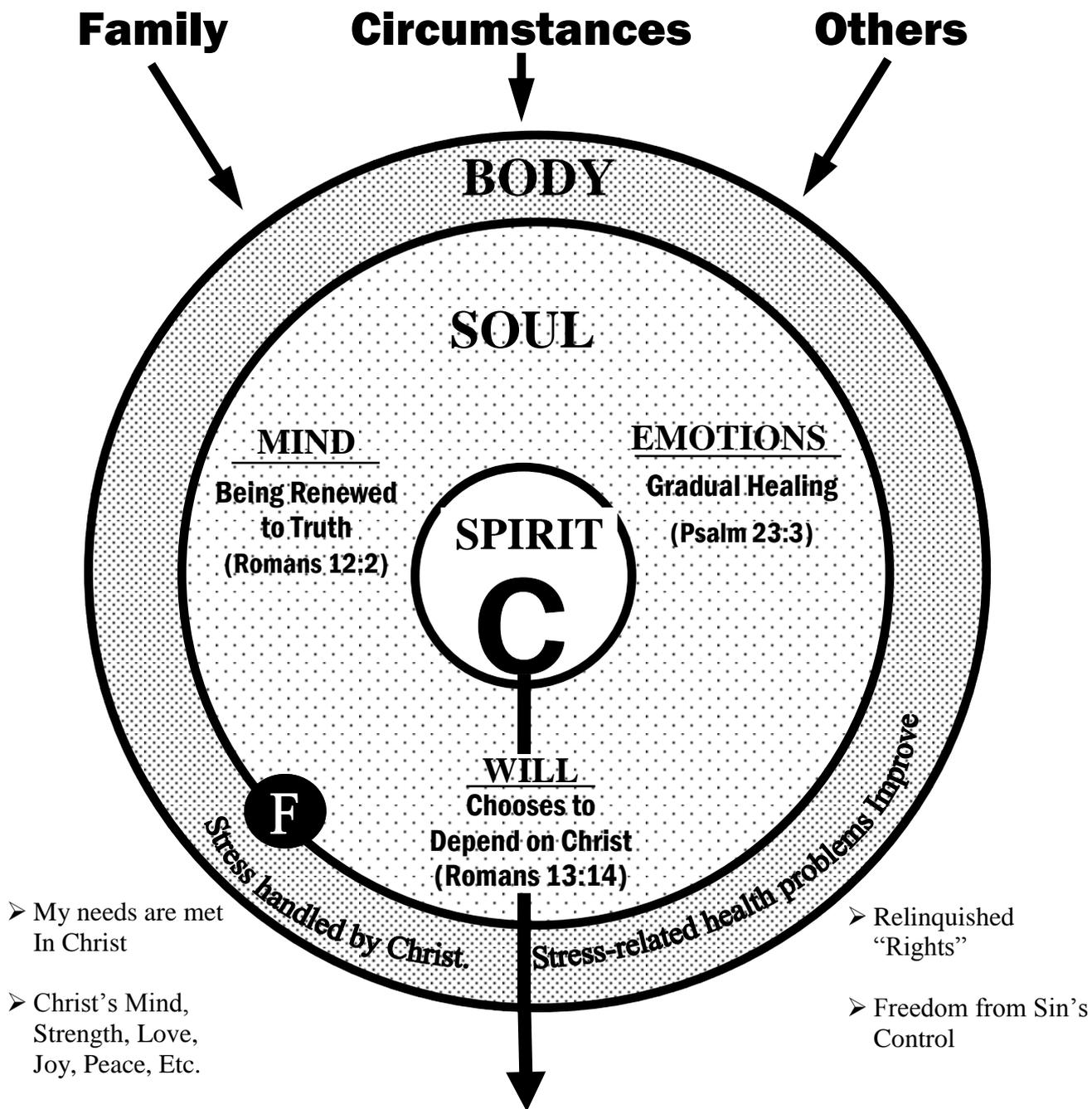


CONFLICT AND FRUSTRATION

God loves both His _____ and _____ programmed children enough to do whatever it takes to reveal the _____ of the flesh, so that we will be ready to exchange the _____ for _____.

The Christ Life

“All Things” (Romans 8:28)



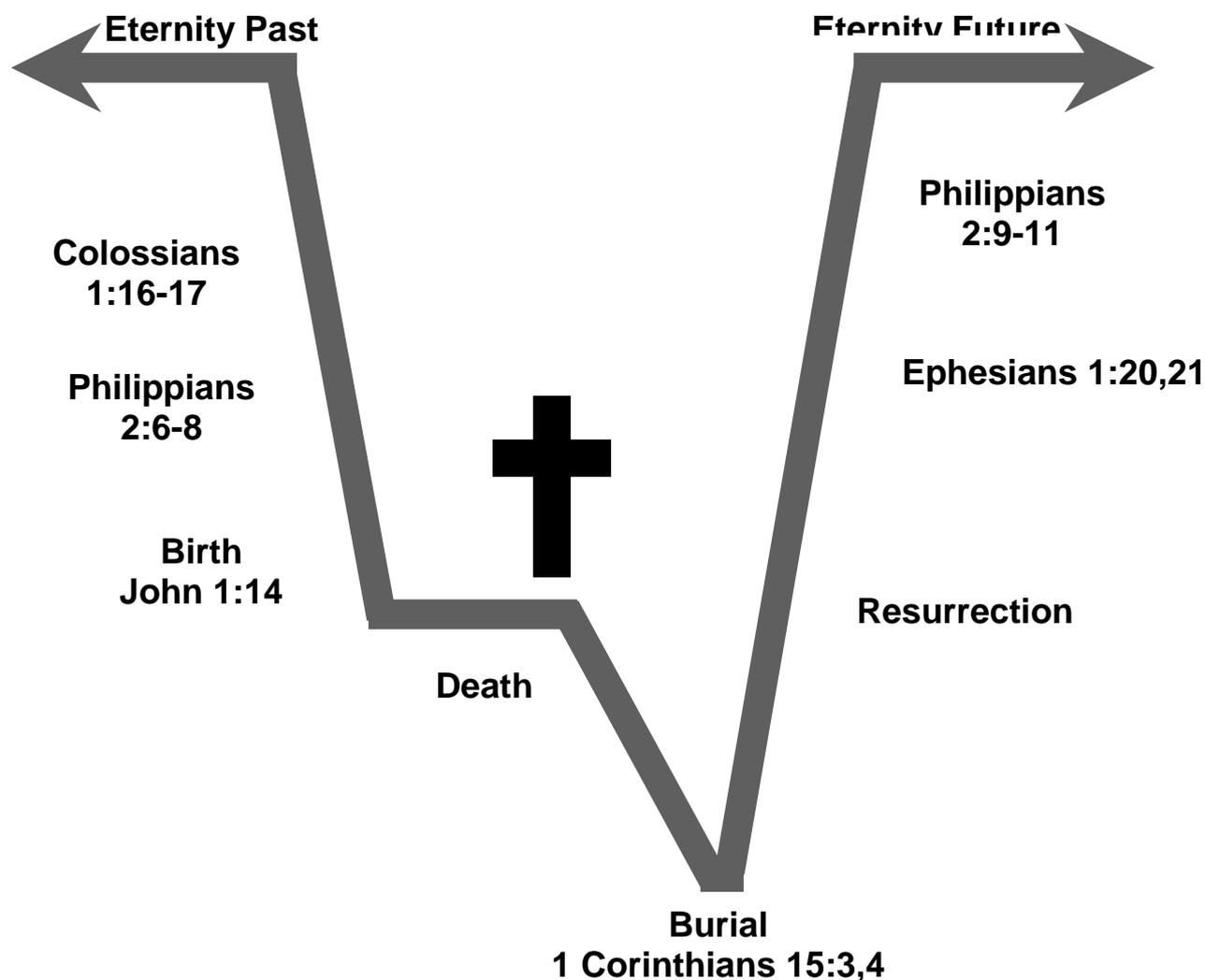
Victorious Living

(Romans 15:18; Ephesians 3:20)

Christ living _____ through us, as us, is victorious living!

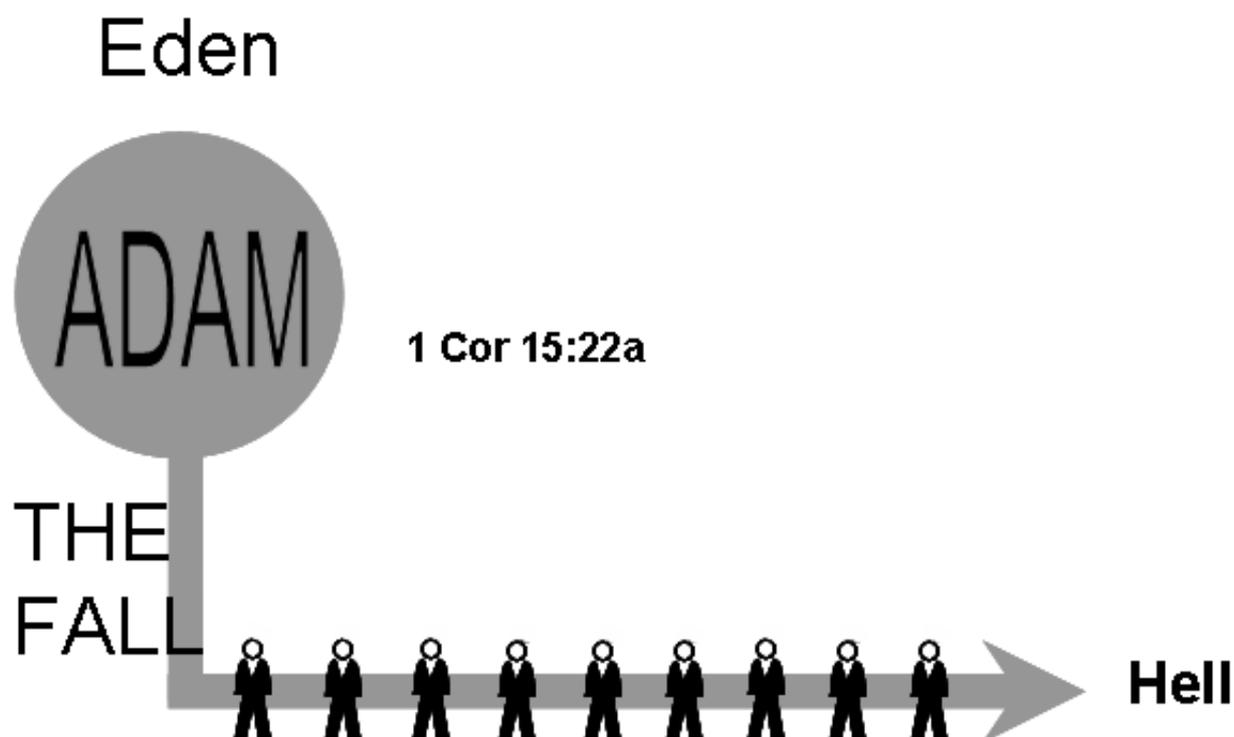
Eternal Life is Christ's Life

(1 John 1:1, 2; 5:11-12, 20)



Eternal Life is not something that _____ when we become a Christian. It is something we _____ and of which we become a _____ at the moment of salvation. It is receiving a new life altogether - Christ's Life!

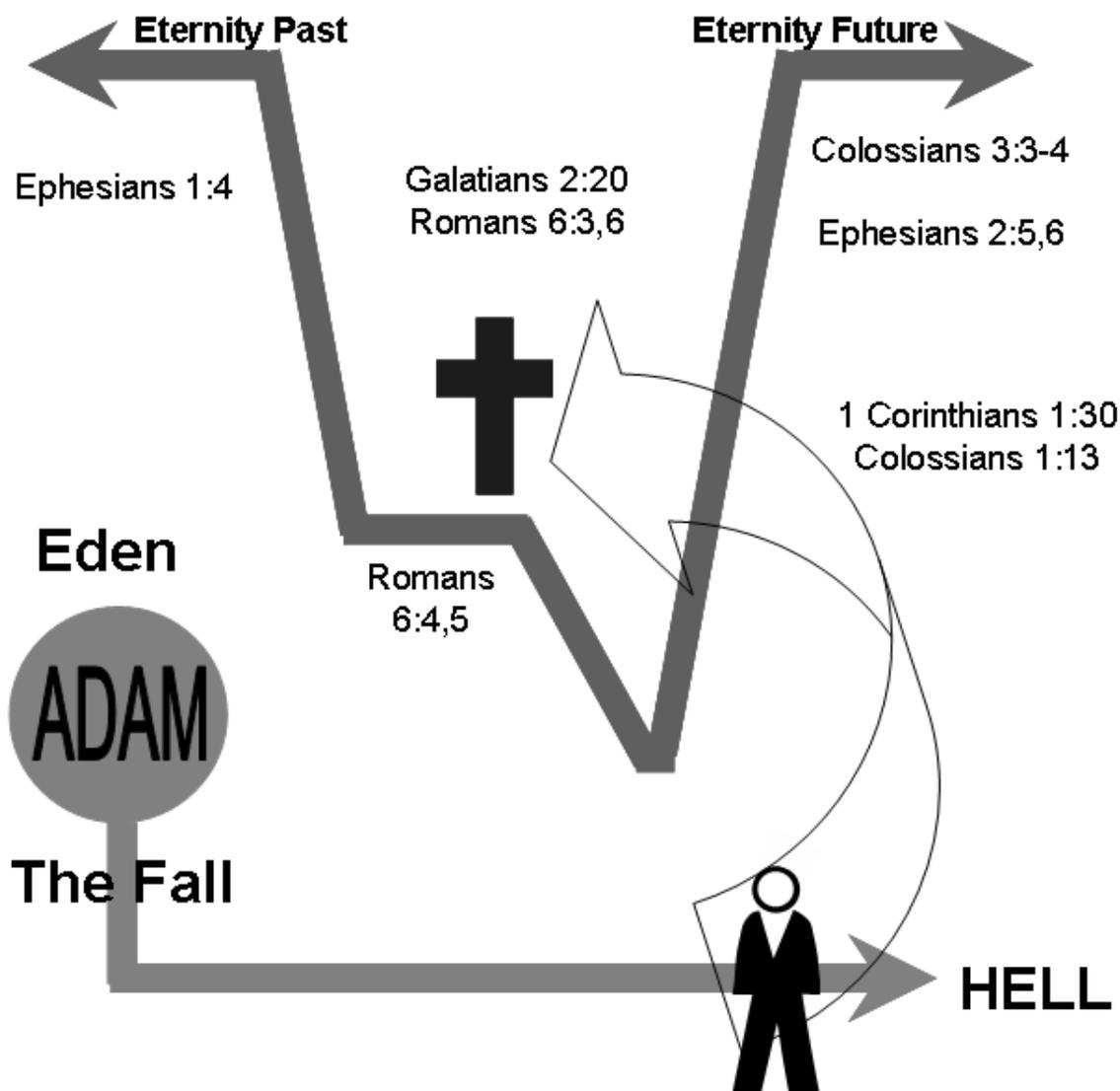
In Adam



Since we were all ____ Adam, when he:

1. Sinned, we sinned Romans 5:12b
2. Died spiritually, we died spiritually Romans 5:15
3. Was condemned, we were condemned Romans 5:18
4. Became a sinner, we became sinners Romans 5:19

In Christ



1. At salvation, God took us _____ out of Adam and placed us into Christ.
2. We participated _____ in Christ's death, burial, resurrection, ascension and seating at the right hand of the Father.
3. Our Old Self (Old Man) was our _____ Human _____.
4. We have a _____. We can live in our strength, or we can give up on our fleshly efforts and allow Christ to live _____ us.

Two Aspects of Salvation

Saved From
My

Saved From
My

Deals with my IDENTITY

Deals with my BEHAVIOR

1. See _____

1. See _____

2. See _____

2. See _____

3. I _____

3. I _____

Happens _____

Happens _____

Grace - _____

Grace - _____

Faith - _____

Faith - _____

Colossians 2:6

Session 5: An Essential - Journey To The Cross

I. Hindrances

- A. Never _____ it.
- B. Don't _____ it.
- C. Don't think they _____ it.

II. Reality vs. Experience

- A. Reality
- B. Experience

III. A Unique Journey

IV. Brokenness

A. The **Purpose** of Suffering for Brokenness:

1. For daily _____ that all things are from _____. e.g. Jacob
2. To reveal our _____
3. To break us of our _____ self-will. e.g. Paul
4. To _____ us to experience Christ as our life!
5. To bring us to _____.

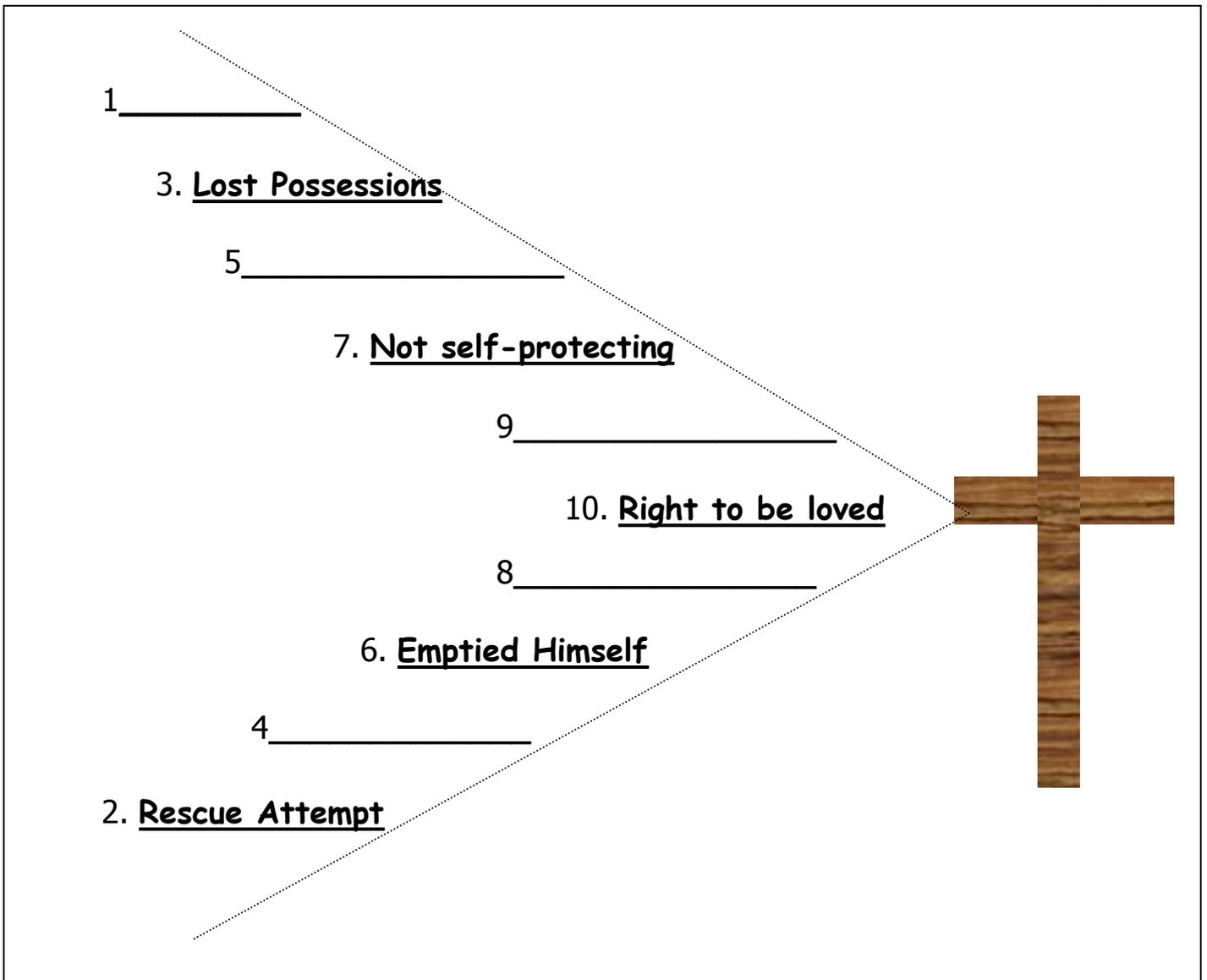
B. The **Process** of Brokenness

1. The Biblical Basis - 2 Corinthians 1:9,10; 4:7-11

Actual brokenness happens _____, but then we live a _____ of brokenness.

2. Correlation between Christ's Suffering and Ours - Philippians 3:10

Diagram 14



Jesus' journey to the cross was _____ done. So must ours, or the power of the resurrection will not be experienced.

C. The **Prayer** of Brokenness:

Selfer's Prayer

Dear Father,

Thank You for delivering me from life in Adam and placing me in Christ Jesus.

I confess that I have been a selfer and a total failure in and of myself. I have been struggling to live the Christian life out of my own resources.

I admit that I have been trying to get my needs met through people, achievements, and possessions.

I now give up on my self-sufficiency and do hereby commit my life unconditionally into Your hands. I give up all my rights and expectations, and give You permission to make me into the kind of person You want me to be.

I believe Your Word that I have been crucified with Christ, and have been buried and raised with Him into newness of life. I claim resurrection life as my life. I have been raised into the heavenly places and I believe that I am now seated at the right hand of the Father.

I choose as an act of my will to claim Christ as my life, my power, and my identity. I thank You that my identification with Christ makes me totally acceptable, and that all my needs are met by Christ Jesus.

I choose to believe these truths regardless of my circumstances, and I trust You to make this real in my experience in Your timing.

I yield myself totally to the indwelling Christ for obedience. Do with me whatever You choose. Glorify and manifest Your Son in my life.

In His Identity,

D. The Evidence of Brokenness:

Brokenness is evident when you no longer react with your previous flesh patterns when the following rights are challenged:

All of my **rights have been surrendered.**

I am **willing to be out of control.**

I am not believing in or living by **feelings or old patterns**, but **by Christ within.**

I am obedient out of a love motive, because I **want to**, not because I **have to.**

I am not performing for God, but I am **actively letting Christ perform in and through** me.

I am **willing to fail.**

I am **willing to be weak.**

I have a sense of **total inadequacy in self-strength** (2 Corinthians 3:5).

I have a sense of **adequacy in Christ through His strength** (Phil 4: 13; 2 Cor 3:6).

I recognize **God's power in my weakness** (2 Corinthians 12:9,10).

I am **depending upon Christ to meet my basic inner needs**: acceptance, meaning and purpose, identity, power over sin, strength and victory.

I am **trusting God, whatever happens - resting in Him** even with external turmoil.

I am **seeking Christ Himself** more than His benefits.

I am **forgiving of all** (Ephesians 4:32).

I am **willing to be rejected.**

I am **transparent and willing to share failures.**

I am **vulnerable and willing to share failures.**

There is a readiness to **let others receive the credit.**

There is **genuine humility.**

I am placing **value** upon those who have little or no value to myself.

There is a readiness to **affirm (build up) others.**

I am **teachable.**

I am **willing to be misunderstood.**

I am **willing to be broken again.**

Session 6: The Believer's Acceptance & Identity

Who Are You?

I. Introduction

The issue of identity is as important in a person's life as the issue of victory. The believer's identity is especially important because Christians have been seen historically as forgiven sinners who have developed self-esteem the same way the world has.

A. Self-image/esteem based on the _____ perspective

The usual methods of developing self-esteem or one's self-image are based on:

1. Attractiveness of the _____
2. Successes and failures in _____
3. Parental attitudes toward children
4. Our perception of _____ attitude toward us
5. Peer acceptance and rejection

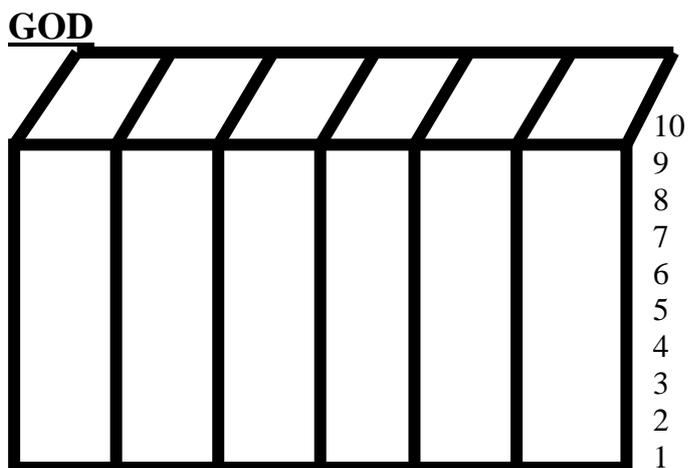
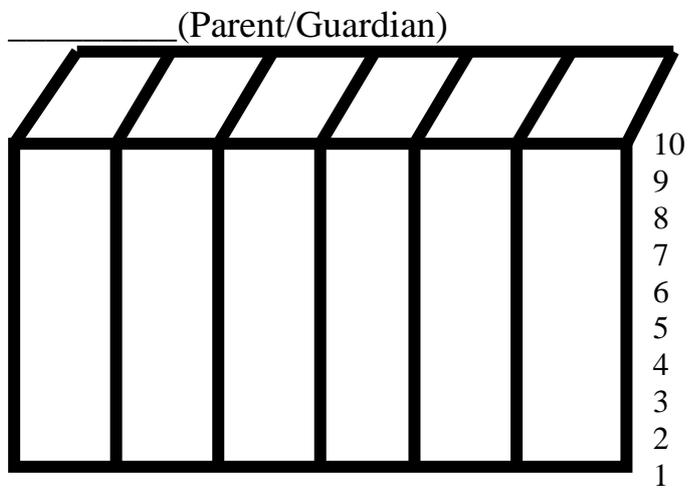
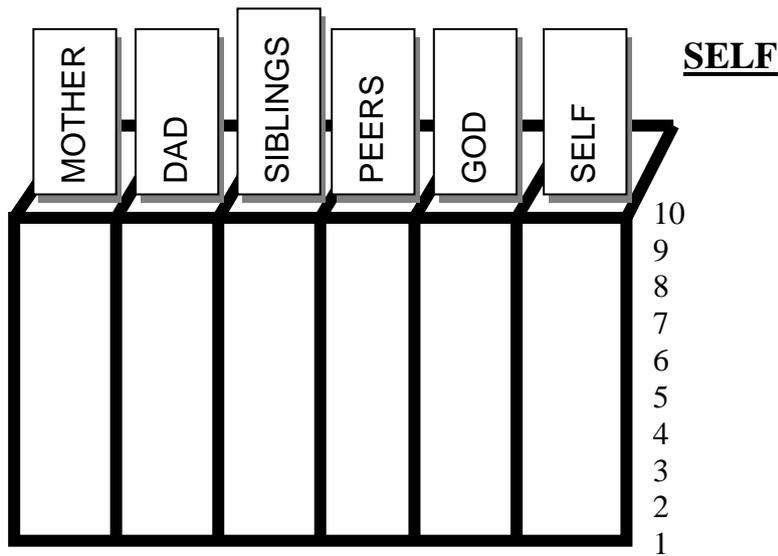
B. Self-image/esteem based upon the **Spiritual perspective**

We do not need a good self-esteem; we need a correct one. The believer's self-image must be developed biblically. As you listen to the next lecture, you will begin to understand how the issues of law and grace affect both your acceptance and your identity.

II. THE NATURAL PERSPECTIVE

Diagram 15

A. Expectations for Acceptance



B. Performance Based Acceptance



The P. B. A.

Treadmill*

Result

Try/Fail

Insecurity

Confess

Jealous

Forgiveness

Self-protection

Try Again/Fail

Control

Confess

Tiredness

Forgiveness

Perfection

Try harder

Etc.

***Performing for acceptance results in an achieving system
based on _____ the law.***

** For Further Study: Romans 7:4-6; Galatians 2:20-21; Romans 9:30-33; Romans 10:4; 2 Cor. 5:21*

III. THE SPIRITUAL PERSPECTIVE

A. We are not saved, justified or made acceptable by _____ the law.

(Galatians 2:16) "Knowing that a man is not justified by the works of the law..."

B. We are saved, justified and made acceptable in _____.

(Eph. 1:7) In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;

(Galatians 2:16) "Knowing that a man is not justified by the works of the law, but by the faith of Jesus Christ, even we have believed in Jesus Christ, that we might be justified by the faith of Christ, and not by the works of the law: for by the works of the law shall no flesh be justified."

(Ephesians 1:6) "To the praise of the glory of his grace, wherein he hath made us accepted in the beloved."

C. Since Jesus' presence in our spirit gives our spirit life, our identity is simply that we are in _____.

(Acts 17:28) For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

(Col. 3:4) When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

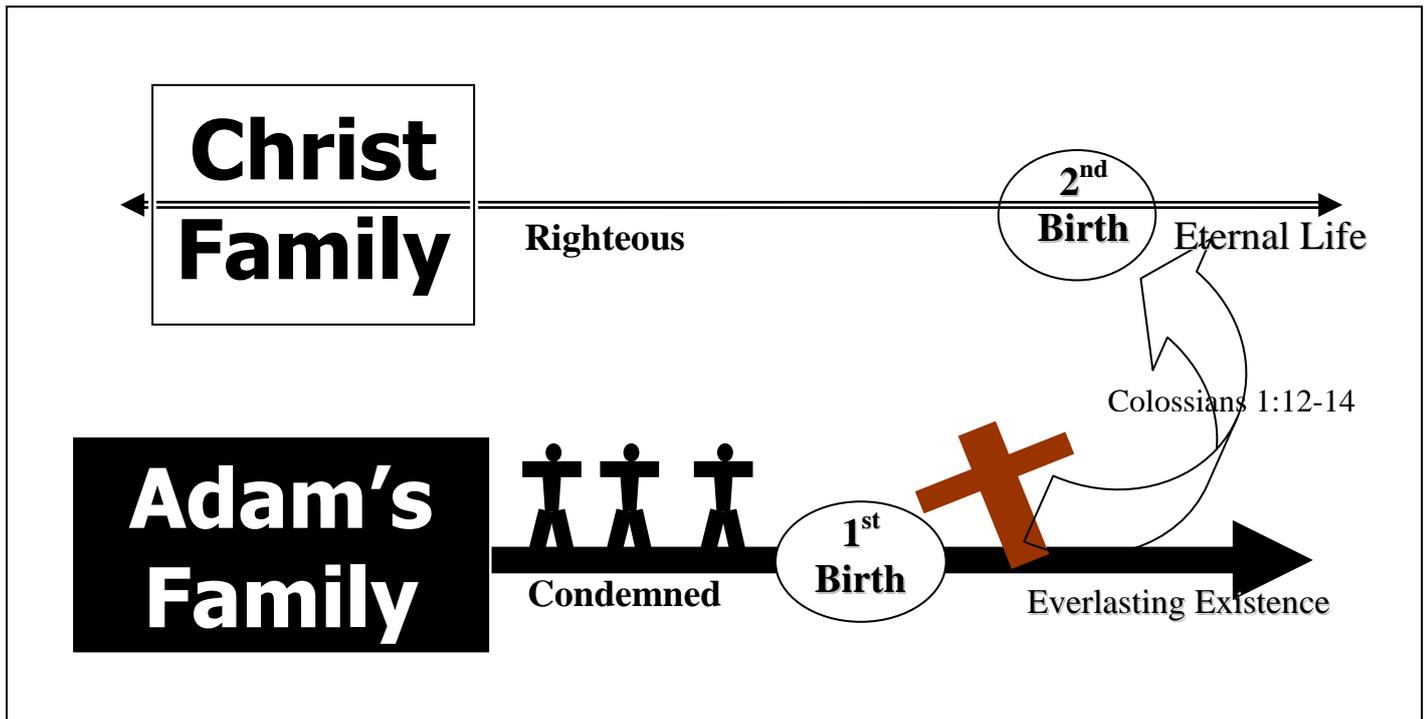
(Phil. 1:21) For to me to live is Christ, and to die is gain.

(2 Cor. 5:17) Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.



IV. WHAT DETERMINES WHO I AM?

Diagram 17



A. Birth

(1 Pet 1:23) Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.

(Rom 8:16,17a) "The Spirit itself beareth witness with our spirit, that we are the children of God: **17**And if children, then heirs; heirs of God, and joint-heirs with Christ..."

(1 John 3:1) "Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God..."

B. Gift

(Romans 5:18) "Therefore as by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto justification of life."

(1 Corinthians 1:30) "But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption:"

(Eph 2:8) For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

V. LIFE CHANGING IMPLICATIONS

1. I can rest in Him!
2. I perform out of my identity – I want to, not have to.
3. I can accept myself even if I fail.
4. I can take steps of faith.
5. I can live from my authentic self and throw away my masks.
6. I believe I am righteous, and can live out of my good heart.

WHO AM I?

Matt. 5: 13	I am the salt of the earth.
Matt. 5: 14	I am the light of the world.
John 1:12	I am a child of God (part of His family). (See Romans 8: 16.)
John 15: 1,5	I am part of the true vine, a channel (branch) of His (Christ's) life.
John 15: 15	I am Christ's friend.
John 15: 16	I am chosen and appointed by Christ to bear His fruit.
Acts 1:8	I am a personal witness of Christ for Christ.
Rom. 6: 18	I am a slave of righteousness.
Rom. 6:22	I am enslaved to God.
Rom. 8:14,15	I am a son of God (God is my 'daddy', so to speak). (See Galatians 3:26; 4:6.)
Rom. 8:17	I am a joint-heir with Christ, sharing His inheritance with Him.
I Cor. 3: 16; 6: 19	I am a temple (home) of God. His Spirit (His life) dwells in me.
I Cor. 6: 17	I am joined (united) to the Lord and am one spirit with Him.
I Cor. 12:27	I am a member (part) of Christ's body. (See Ephesians 5:30.)
II Cor. 5: 17	I am a new creation (new person).
II Cor. 5: 18,19	I am reconciled to God and am a minister of reconciliation.
Gal. 3:26,28	I am a son of God and one in Christ.
Gal. 4:6,7	I am an heir of God since I am a son of God.
Eph. 1: 1	I am a saint. (See I Cor. 1:2; Phil. 1: 1; Col. 1:2.)
Eph. 2: 10	I am God's workmanship (handiwork), created (born anew) in Christ to do His work that He planned beforehand that I should do.
Eph.2:19	I am a fellow citizen with the rest of God's people in His family.
Eph. 3: 1; 4: 1	I am a prisoner of Christ.
Eph. 4:24	I am righteous and holy.
Phil. 3:20	I am a citizen of heaven and seated in heaven right now (see Ephesians 2:6).
Col. 3:3	I am hidden with Christ in God.
Col. 3:4	I am an expression of the life of Christ because He is my life.
Col. 3: 12	I am chosen of God, holy, and dearly loved.
I Thes. 1:4	I am chosen and dearly loved by God.
I Thes. 5:5	I am a son of light and not of darkness.
Heb. 3: 1	I am a holy brother, partaker of a heavenly calling.
Heb.3:14	I am a partaker of Christ... I share in His life.
I Pet. 2:5	I am one of God's living stones and am being built up (in Christ) as a spiritual house.
I Pet. 2:9,10	I am a chosen race, a royal priesthood, a holy nation, a people for God's own possession to proclaim the excellencies of Him.
I Pet. 2: 11	I am an alien and stranger to this world I temporarily live in.
I Pet. 5:8	I am an enemy of the devil.
I John 3: 1,2	I am now a child of God. I will resemble Christ when He returns.
I John 5: 18	I am born of God and the evil one (the devil) can't touch me.
Psalms 23: 100	I am a sheep of His pasture. Therefore, I have everything I need.

Session 7: The Believer's Victory

More Than Conquerors?

I. Introduction

II. The World's Method of Achieving Victory in One's Life

A. We need more _____ to control behavior.

B. We need more EDUCATION

C. _____

D. We BLAME others.

E. We make behavior _____.

III. Some Deceptions Regarding Walking In Victory

A. Romans 7 is the _____ Christian life.

B. There is no CONSISTENT victory until heaven.

C. Victory is getting my _____ forgiven.

D. Victory comes with old age and MATURITY.

E. Victory is when I don't _____.

F. Victory is the absence of conflict and TEMPTATION.

G. Victory is achieved through _____ and SELF-DISCIPLINE.

IV. Understanding the Law of Sin and Death

(Romans 8:2) "For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death."

A. Indwelling Sin: An unholy force or power which is in me, but is not me.

E.g. a splinter, a gold crown. The word "sin" appears 41 times in Romans 5-8; 40 of these occurrences are nouns; only one is a verb, indicating poor performance.

(Romans 7:17) "Now then it is no more I that do it, but sin that dwelleth in me."

(Romans 7:23) "But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members."

(Genesis 4:7) "If thou doest well, shalt thou not be accepted? and if thou doest not well, sin lieth at the door. And unto thee shall be his desire, and thou shalt rule over him."

B. How Sin Operates

1. Sin _____ the old man (*who is dead*), using 1st person pronouns (I, me, myself).
2. Whose accent and tone of voice is used? _____
3. Who do I blame? _____, producing shame & guilt

C. Why Do I Still Sin?

1. Sin is a tool of the enemy, and therefore we must all deal with it.
2. Temptation comes from the Devil, but a Christian's _____ desires come from God.
3. We sin when we choose to believe the lie that this behavior will meet my life needs (*L.A.W.S.*), instead of believing that I have all I need in Christ (2 Pet. 1:3).

D. What About The Law?

1. The Purpose of the Law

(1 Timothy 1:8-10) "But we know that the law is good, if a man use it lawfully; {9} Knowing this, that the law is not made for a righteous man, but for the lawless and disobedient, for the ungodly and for sinners, for unholy and profane, for murderers of fathers and murderers of mothers, for manslayers, {10} For whoremongers, for them that defile themselves with mankind, for menstealers, for liars, for perjured persons, and if there be any other thing that is contrary to sound doctrine;"

(Romans 5:20) "Moreover the law entered, that the offence might abound. But where sin abounded, grace did much more abound:"

(Galatians 3:24-25) "Wherefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith. {25} But after that faith is come, we are no longer under a schoolmaster."

2. *The Christian's Balanced Perspective on the Law*

(1 Corinthians 6:12) "All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any."

(1 Corinthians 10:23) "All things are lawful for me, but all things are not expedient: all things are lawful for me, but all things edify not."

- Ask :**
- A. Is it _____?
 - B. Does it _____?
 - C. Does it, or will it _____?

E. How Do I Deal with Temptation?

1. Realize the battle is the _____ (1 Sam 17:47; Eph. 6:10).
2. _____ Him to help you take every thought captive (2 Cor 10:5), and say no to temptation (1 Cor 10:13).
3. You are _____ to sin and alive to God, so act like what you are -- dead to sin. You act dead to sin by faith (James 4:7). My true desire is to not follow sin. Thus, just as a dead person, I will not follow the stimulation of sin's thoughts or accusations.
4. _____ where the temptation/thoughts are coming from -- indwelling sin.
5. _____ in the fact that I am in Christ and He is in me. Nothing can bother me unless Christ allows this for my benefit. Thank Him for His complete acceptance and love. Thank Him for seating me in heaven with Him. Thank Him for this moment of victory!

E. How Do I Experience Victory?

1. Victory is not a matter of performance, but _____.
 - a. Fight the good fight of Faith (1 Tim 6:12).
 - b. It originates with God (Eph 2:8).
 - c. It is God's strength, power and might. (Eph 6:10).

2. Victory is a _____.

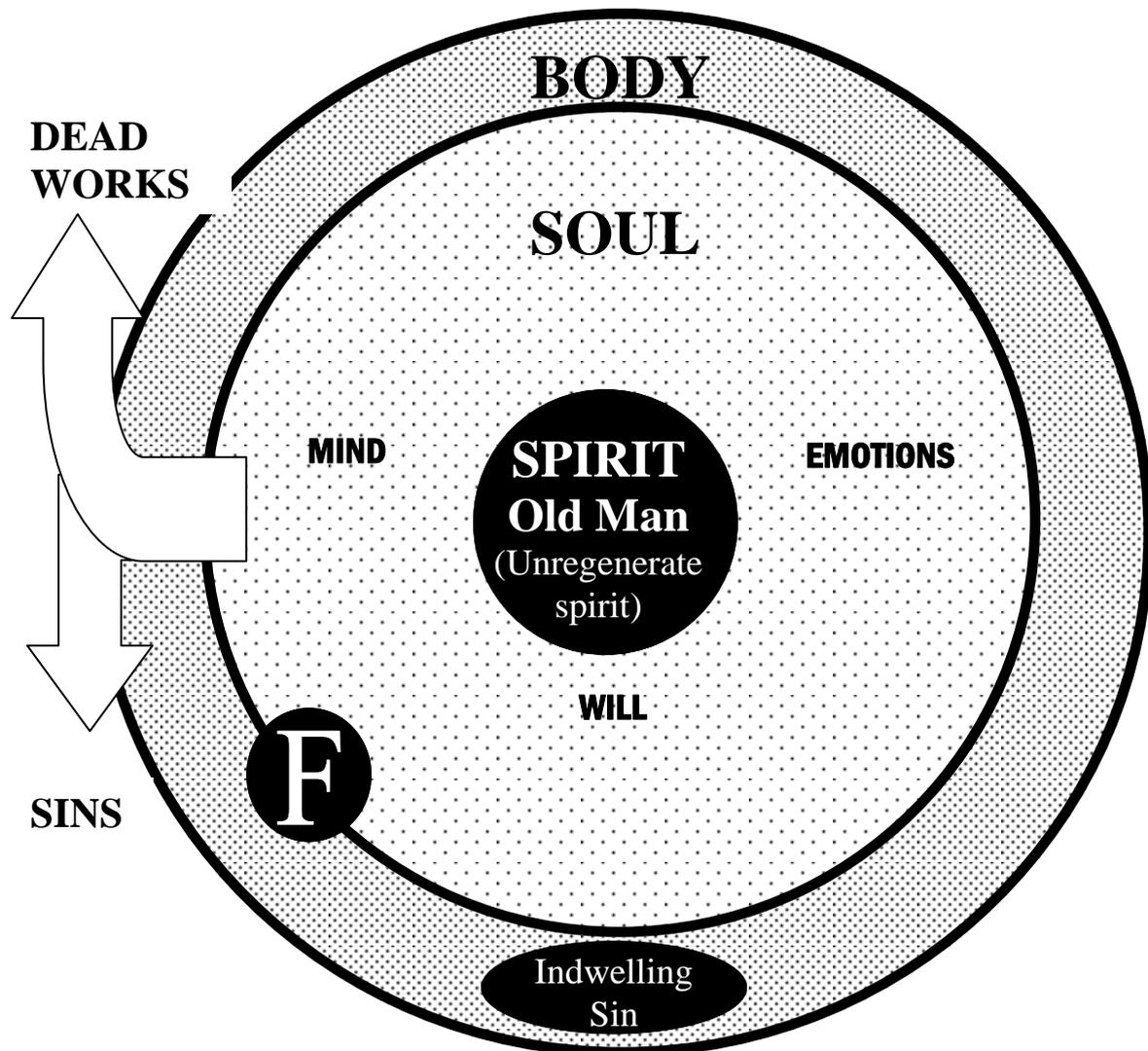
(1 Corinthians 15:57) "But thanks be to God, which giveth us the victory through our Lord Jesus Christ."

3. Victory is a _____.

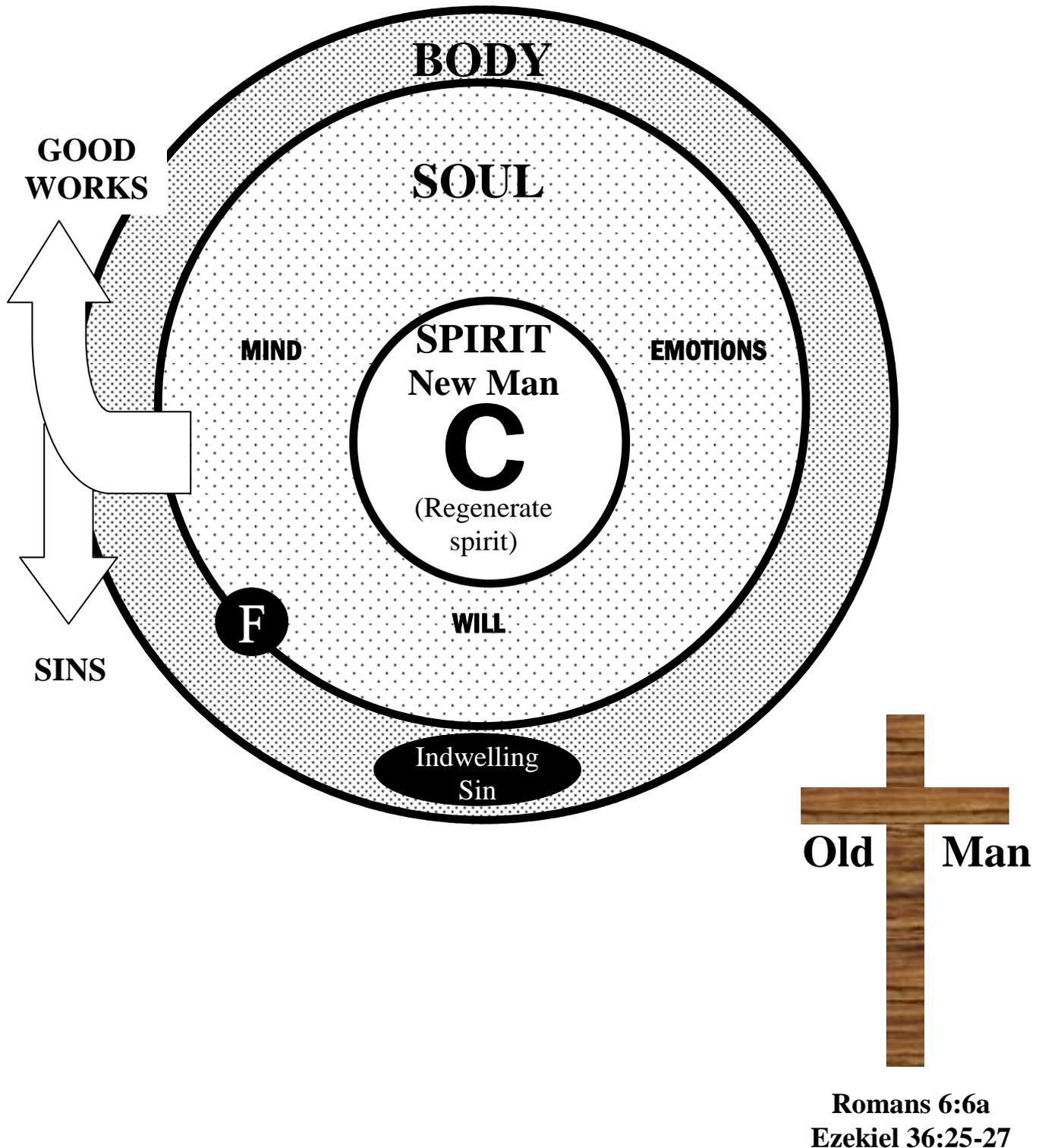
(Romans 7:24-25) "O wretched man that I am! who shall deliver me from the body of this death? {25} I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin."

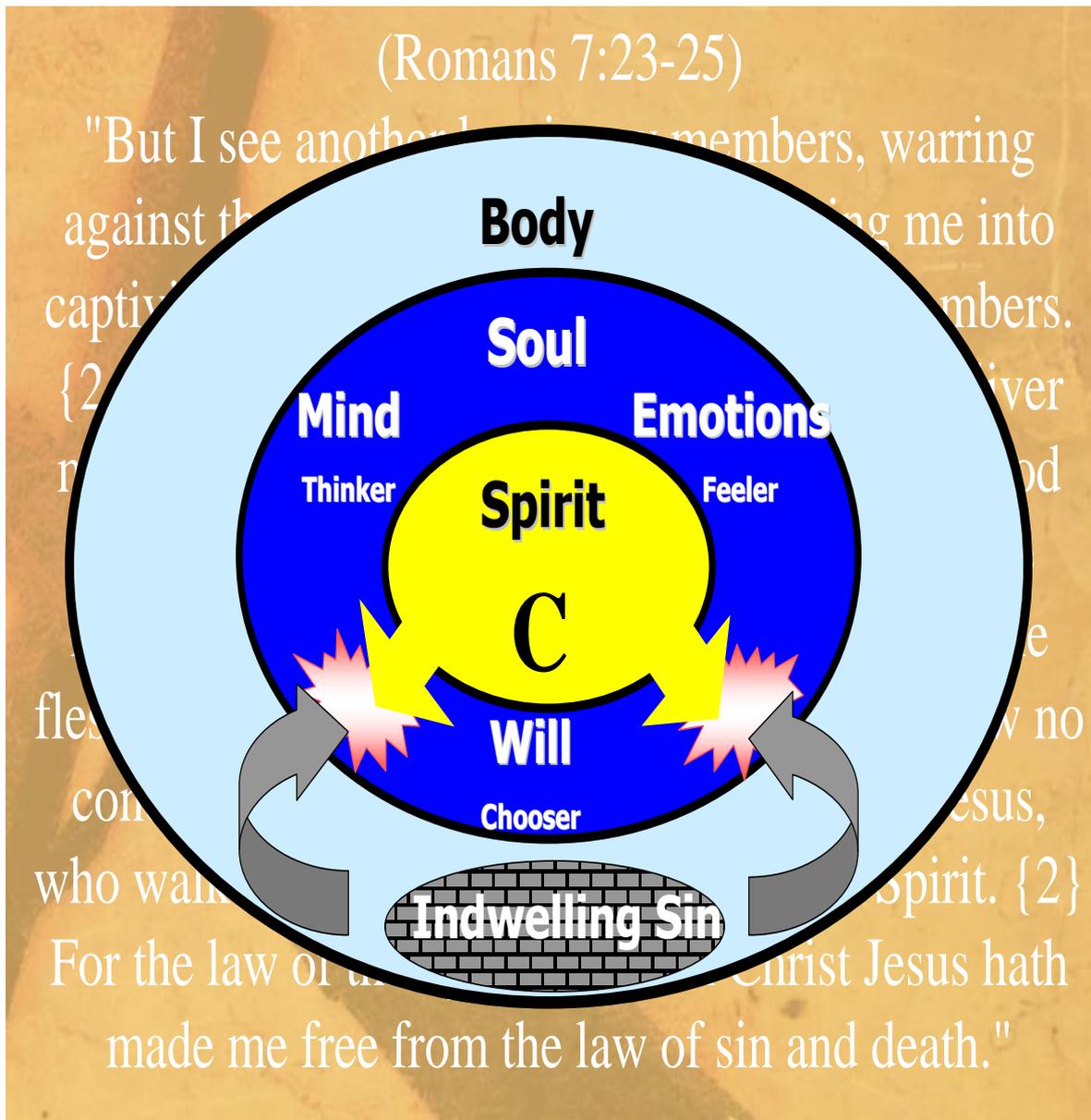
(2 Corinthians 2:14) "Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place."

UNBELIEVER



BELIEVER



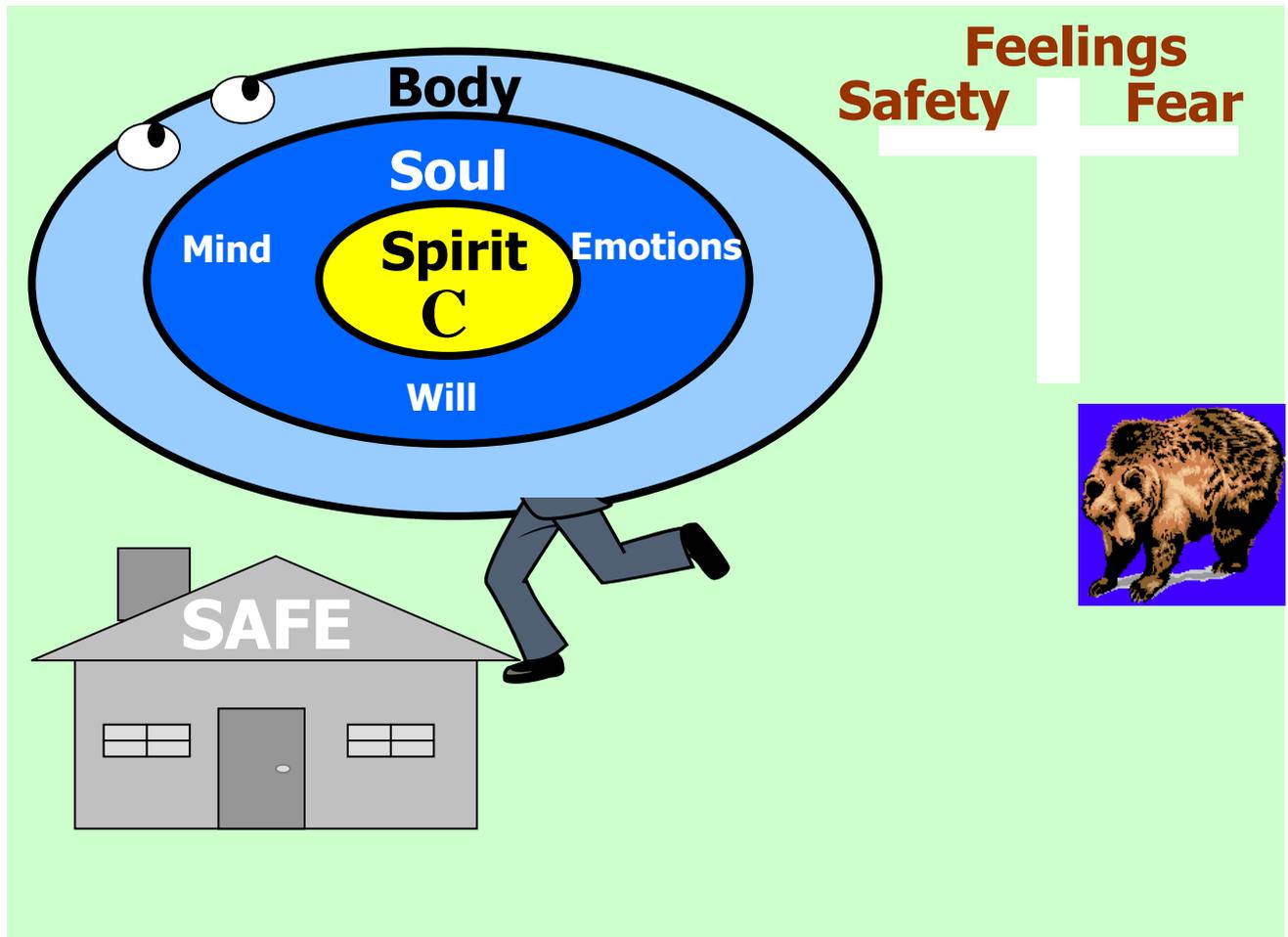


(Galatians 5:16-18) "This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. {17} For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. {18} But if ye be led of the Spirit, ye are not under the law."

Session 8: LIVING THE CHRIST LIFE

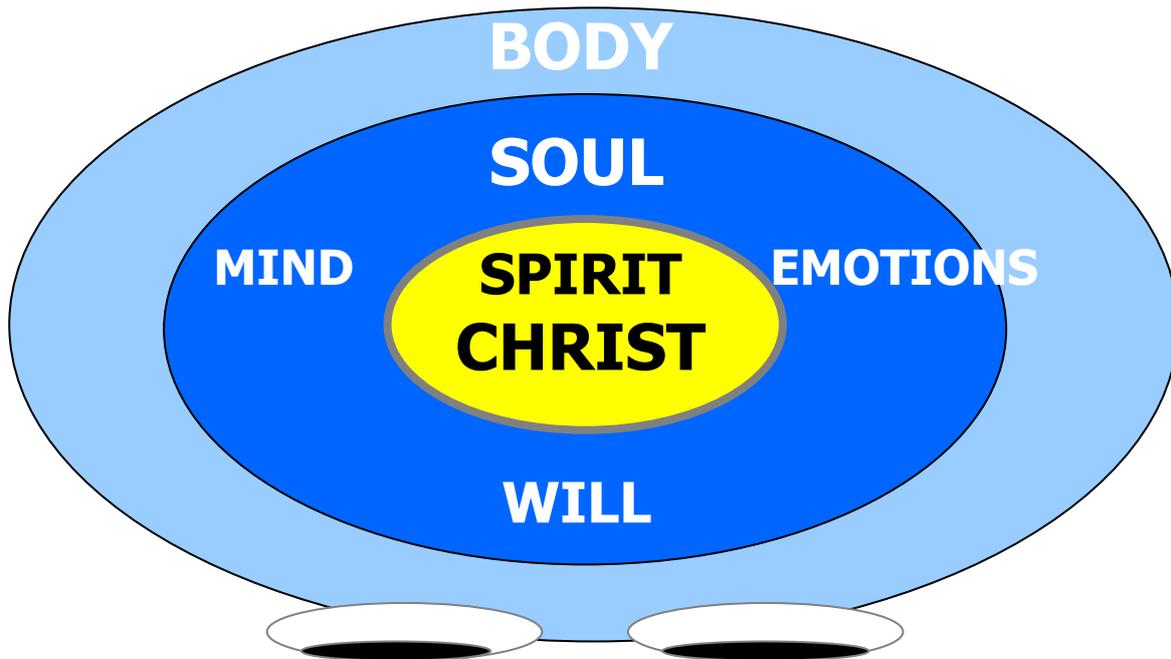
Diagram 21

Fact, Faith and Feelings



1. The Fact is I'm _____.
2. Choose with my _____ to believe I'm safe.
3. _____ to act like I'm safe.
4. Begin to _____ safe.

Setting The Mind



FACTS ABOUT THE MIND

1. You can't put your mind in _____.
2. You can't set your mind on _____ things at the same time.
3. Feelings follow where the mind is set!
4. If our mind is not set on the Spirit, it will automatically be set on _____ patterns.
5. You can replace a thought, but not suppress it.
6. Negativism reinforces the problem.

(Col. 3:1,2; Phil 4:6-9; 1 Pet 1:13; Rom 8:6)

WHAT HAPPENED TO ME?

Rom. 5: 1	I have been justified (completely forgiven and made righteous).
Rom. 6: 1-6	I died with Christ and died to the power of sin's rule on my life. I am free forever from condemnation.
Rom. 8: 1	
1 Cor. 1:30	I have been put into Christ by God's doing.
1 Cor. 2: 12	I have received the Spirit of God into my life that I might know the things freely given to me by God.
I Cor. 2:16	I have been given the mind of Christ.
I Cor. 6:19,20	I have been bought with a price. I am not my own. I belong to God.
II Cor. 1:22	Holy Spirit as a pledge (a deposit or down payment) guaranteeing my inheritance and what is to come.
Eph. 1:13,14	
II Cor. 5:14,15	Since I have died, I no longer live for myself, but for Him (Christ).
Gal. 2:20	I have been crucified with Christ and it is no longer I who live, but Christ lives in me. (The life I am now living is Christ's life.)
Eph. 1:3	I have been blessed with every spiritual blessing.
Eph. 1:4	I have been chosen in Christ before the foundation of the world to be holy and without blame before Him.
Eph. 1:5	I was predestined (determined by God) to be adopted as a son.
Eph. 1:7,8	I have been redeemed, forgiven, and am a recipient of His lavish grace.
Eph. 2:5	I have been made alive together with Christ.
Eph. 2:6	I have been raised up and seated with Christ in heaven.
Eph.2:18	I have direct access to God through the Spirit.
Eph. 3: 12	I may approach God with boldness, freedom, and confidence.
Col. 1:13	I have been delivered (rescued) from the domain of darkness (Satan's rule) and transferred to the kingdom of Christ.
Col. 1:14	I have been redeemed and forgiven of all my sins (the debt against me has been canceled). (See Col. 2: 13,14.)
Col. 1:27	Christ Himself is in me.
Col. 2:7	I have been firmly rooted in Christ and am now being built up in Him.
Col. 2:10	I have been made complete in Christ.
Col. 2:11	I have been spiritually circumcised (my old, unregenerate nature has been removed).
Col. 2:12,13	I have been buried, raised, and made alive with Christ.
Col. 3:1-4	I have been raised up with Christ. I died with Christ. My life is now hidden with Christ in God. Christ is now my life.
II Tim. 1:7	I have been given a spirit of power, love, and self-discipline.
II Tim. 1:9;	I have been saved and called (set apart) according to God's doing.
Titus 3:5	
Heb. 2:11	Because I am sanctified and am one with the Sanctifier (Christ). He is not ashamed to call me "brother" .
Heb. 4:16	I have a right to come boldly before the throne of God (the throne of grace) to find mercy and find grace in time of need.
II Pet. 1:4	I have been given exceedingly great and precious promises by God, by which I am a partaker of the divine nature (God's nature).

Supplemental Exercise: Concept of God

How would you describe your feelings and your relationship with your _____ growing up?

	Mostly	Somewhat	Not Sure	Somewhat	Mostly	
Distant						Close
Unapproachable						Approachable
Hard to talk to						Easy to talk to
Harsh/Cold/Aloof						Gentle/Warm
Touchy/Irritable						Patient/Kind
Lacked confidence and belief in me						Had confidence and believed in me
Treated others better than me						Had no favorites
Didn't really listen and understand me						Listened and understood me
Concerned mostly in how I behaved						Interested in me as a person
Upset/disappointed with me						Delighted/pleased with me
Too busy to be involved with me						Vitally interested in my life
Felt detached and unimportant						Felt very special and important
Didn't care about how I felt						Cared a lot about my feelings
Looked for faults/tore me down						Built me up/encouraged me
Felt abandoned when I needed advice or help - couldn't depend on him/her						Was there when I needed advice or help - could depend on him/her
Slow to forgive/reminded me of past errors						Quick to forgive/did not keep a list of past errors
Got frustrated with me when I failed or made a mistake						Allowed the freedom to fail and learn from my mistakes
Felt punished and his/her anger when corrected/disciplined						Felt loved and affirmed when corrected/disciplined
Felt uncertain and insecure in the relationship						Felt safe and secure in the relationship

Continued on next page

**How would you describe how you feel in terms of your personal relationship with God?
How do you view God on a feeling level?**

	Mostly	Somewhat	Not Sure	Somewhat	Mostly	
Distant						Close
Unapproachable						Approachable
Hard to talk to						Easy to talk to
Harsh/Cold/Aloof						Gentle/Warm
Touchy/Irritable						Patient/Kind
Lacked confidence and belief in me						Had confidence and believed in me
Treated others better than me						Had no favorites
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Felt uncertain and insecure in the relationship						Felt safe and secure in the relationship

2 Corinthians 4:18

"While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal."

UNSEEN

ETERNAL

Changeless

Righteous

Ultimate Reality

Holy

Timeless

Perfect

"I Am"

Complete



TEMPORAL

SEEN

Changeable

In Process

Need

Appearances

Matter

Fluctuates

"I Am

Time Based

Mind/Thinker
Will/Chooser
Emotions/Feeler

Clarification of the Term “Exchanged Life”

The term "**exchanged life**" is taken from the well-known passage in Isaiah 40:31. English translations refer to those who wait on or hope in the Lord as being able to "renew" their strength. Some commentaries and study Bibles that deal with this verse note that the literal translation of the Hebrew word for "renew" is "**exchange**." Those who wait on the Lord will **exchange** their strength for His strength, as stated in verses 25-30.

The term "**exchanged life**" is directly related to the believer's discovery of a new identity in Christ. The believer is a new creation; one born of God. What was once true is no longer true. J. Hudson Taylor made the English term "**exchanged life**" popular through his testimony of how God made him a new man. (*Hudson Taylor's Spiritual Secret*, chapter 14.)

During conferences and in counseling we are sometimes asked to clarify what we are NOT saying when we use the term "**exchanged life**." The following clarification is born out of our desire to bring understanding to those who hear the message of the "**exchanged life**."

The Exchanged Life:

- is not a new teaching.
- is not sinless perfection.
- is not a life of passivity.
- is not a self-help teaching.
- is not an improved "old man."
- is not an undisciplined life.
- is not a second work of grace.
- is not a counseling technique.
- is not in any way deifying mankind.
- is not instant change in behavior.
- is not a formula for self to imitate Christ.
- is not peace through changed circumstances.
- is not dying to self (wiping out our personality).
- is not a guarantee that circumstances will improve.
- is not a guarantee that emotions will line up consistently with truth.
- is not overlooking or approving sinful behavior (promoting license).

THE CHRIST LIFE CONFERENCE ANSWER SHEET

Session 1: INTRODUCTION TO THE CHRIST LIFE

Jesus Christ, expressing **His Life** through me gives God the greatest glory!

Flesh (Achieving System) – **Trying**, Doing, **Self-Effort**, Trying to be like Jesus

Spirit (Receiving System) – Trusting, **Done**, Abiding, Letting Jesus be Jesus in and through me.

The Flesh hinders the expression of Christ's life through us.

Session 2: CONCEPT OF GOD

High – **God will always protect us from hurt**

Low – **He will never be there for me or I don't need Him**

The Intergenerational Cycle – a **family's** concept of God

Attribution – assessment of God based on **experiences**

Parental Projections – a parent's treatment being projected onto God

Self-Projection – what one thinks of oneself becoming **what God thinks about me**

Early Religious **Training** and **Experiences**

Defeat

Not sensing God's **Love**

Choose to see God for who He truly is

Session 3: THE FLESH

The Body

The bad things I do

White Dog & Black Dog - Good me, Bad me

Flesh is living life independent of Christ.

Four Basic Human Needs: Love, Acceptance, Worth, Security

Flesh Effort, Independence, Bondage, Law, Death(Separation)

Spirit Effort, Dependence, Freedom, Grace, Life(thru union)

Varieties of Flesh: 2. Religious Flesh, 4. Passive Flesh, 6. People-pleasing Flesh, 8. Violent Flesh, 10. Co- dependent Flesh, 12. Poorly adjusted Flesh

Most Common Characteristics of the Flesh: A. Flesh is a controller, 2. Body Language, 4. Hostile Behavior, 6. Seductive Behavior, 8. Playing Politics, 10. Manipulation, 12. Overprotection

B. Flesh is Self-Protective. C. Flesh is like an Octopus. D. Flesh holds me Captive and Enslaves me.

E. The flesh is Deceptive. F. Flesh builds its identity based on Itself. G. Flesh is Proud.

H. Flesh is an Idolater. I. Flesh is a Rejecter.

Rejection: the absence of meaningful love.

Overt (obvious) Covert (subtle)

For Life Messages blanks please see handout

Session 4: THE CHRIST LIFE

Man is essentially a Spirit, who has a Soul, and lives in a Body.

Man's basic problem at birth is that he is Separated from God, and therefore, without Life.

Note: It is Impossible to live the Christian life!

Christ gave His life FOR us, in order to give His life TO us,

in order that He might LIVE His life THROUGH us.

When a person depends upon his/her own strength to cope with present pressures and past rejections, the result is ultimately CONFLICT and FRUSTRATION.

God loves both His NEGATIVELY and POSITIVELY programmed children enough to do whatever it takes to reveal the BANKRUPTCY of the flesh, so that we will be ready to exchange the FLESH LIFE for CHRIST'S LIFE.

Christ living HIS LIFE through us, as us, is victorious living!

Eternal Life is not something that BEGINS when we become a Christian. It is something we ENTER and of which we become a PARTAKER at the moment of salvation. It is receiving a new life altogether - Christ's Life!

Since we were all IN Adam, when he:

1. At salvation, God took us SPIRITUALLY out of Adam and placed us into Christ.
 2. We participated SPIRITUALLY in Christ's death, burial, resurrection, ascension and seating at the right hand of the Father.
 3. Our Old Self (Old Man) was our UNREGENERATE HUMAN SPIRIT.
 4. We have a CHOICE. We can live in our strength, or we can give up on our fleshly efforts and allow Christ to live THROUGH us.
- SIN, 1. SEE PROBLEM, 2. SEE SOLUTION, 3. I RESPOND, HAPPENS ONCE, GRACE GOD DID IT, FAITH THANK YOU
- SELF/FLESH, 1. SEE PROBLEM, 2. SEE SOLUTION, 3. I RESPOND, HAPPENS MANY TIMES, GRACE GOD DID IT, FAITH THANK YOU

Session 5: JOURNEY TO THE CROSS

- A. Never Heard It
 - B. Don't Believe It
 - C. Don't Need It – not willing to lose my life
- A. The Purpose of Suffering for Brokenness
1. For daily awareness that all things are from Christ. e.g.: Jacob
 2. To reveal our flesh
 3. To break us of our independent self-will. e.g. Paul
 4. To free us to experience Christ as our life!
 5. To bring us to Surrender.
- Actual brokenness happens once but then we live a life of brokenness.
1. Rejected, 5. Weakened Physically, 9. Willing to Forgive, 8. Right to be right, 4. Stripped Naked
- Jesus' journey to the cross was WILLINGLY done. So must ours, or the power of the resurrection will not be experienced.

Session 6: THE BELIEVER'S ACCEPTANCE & IDENTITY

- A. Self-image/esteem based on the natural perspective
1. Attractiveness of the body
 2. Successes/failures in tasks
 4. Perception of God's attitude toward us
- Performing for acceptance results in an achieving system based on keeping the law.
We are not saved, justified or made acceptable by keeping the law.
We are saved, justified, and made acceptable by in Christ.

Session 7: THE BELIEVER'S VICTORY

- A. We need more laws to control behavior.
 - B. We need more education.
 - C. Self-Help
 - D. We blame others/society.
 - E. We make behavior acceptable.
- A. Romans 7 is the Normal Christian Life.
 - B. There is no consistent victory until heaven.
 - C. Victory is getting my sins forgiven.
 - D. Victory comes with old age and maturity.
 - E. Victory is when I don't sin.
 - F. Victory is the absence of conflict and temptation.
 - G. Victory is achieved through laws & self-discipline.
1. Sin impersonates the old man (who is dead), using 1st person pronouns (I, me, myself).
 2. Whose accent and tone of voice is used? Mine
 3. Who do I blame? Myself, producing shame & guilt.
 2. Temptation comes from the Devil, but a Christian's true desires come from God.
- Ask: A. Is it profitable? B. Does it edify? C. Does it, or will it control?
- A. Realize the battle is the Lord's (1 Sam 17:47; Eph. 6:10).
 - B. Trust Him to help you take every thought captive (2 Cor 10:5), and say no to temptation (1 Cor 10:13).
 - C. You are dead to sin and alive to God, so act like what you are -- dead to sin.
 - D. Recognize where the temptation/thoughts are coming from -- indwelling sin.
 - E. Rest in the fact that I am in Christ and He is in me.
1. Victory is not a matter of performance, but Faith.
 2. Victory is a Gift.
 3. Victory is a Person.

Session 8: LIVING THE CHRIST LIFE

1. The Fact is I'm SAFE.
 2. Choose with my WILL to believe I'm safe.
 3. CHOOSE to act like I'm safe.
 4. Begin to FEEL safe.
1. You cannot put your mind in neutral.
 2. You can't set your mind on two things at the same time.
 4. If our mind is not set on the Spirit, it will automatically be set on flesh patterns.
 6. Negativism reinforces the problem.

SUPPORT INFORMATION:

Your prayers are the most important way to support the Dalys in this ministry. We are grateful for the dedicated prayer support we receive. We are also grateful for those that support us financially.

As a local church based ministry, BCI operates solely from the charitable contributions of churches, businesses, individuals and families who believe in our message and ministry and desire for their earthly investment to produce present and eternal fruit in the lives of individuals and families.

Giving can be a rewarding experience for you and for us. Your gift gives you the satisfaction of supporting a missionary family and ministry that is actively involved in spreading the gospel of Christ and helping others worldwide experience the healing, freedom and life Jesus came to give (John 10:10).

FOUR EASY WAYS TO INVEST

- 1) Tax deductible contribution with your Debit or Credit Card
- 2) If a tax deductible cash gift is your desire, checks should be made out to TBC (our sending church) and mailed in America to our MA office.
- 3) Frequent Flyer Miles – This helps us travel to where the hurting are, and to take the gospel of Christ abroad.
- 4) Sponsor a couple by contributing a gift to help others get the help they need.

Yours for souls worldwide,
Kevin and Debi Daly
Broken Chains International



Conference Speakers:
Kevin & Debi Daly

BROKEN CHAINS INTERNATIONAL

CORRESPONDENCE & COUNSELING:
PO Box 801096, Acworth, GA 30101 USA

FINANCIAL SUPPORT & COUNSELING:
350 Stafford St., Cherry Valley, MA 01611

COUNSELING:
26 Sefton, Rochestown Ave. Dun Laoghaire, Co. Dublin
Ireland

**COUNSELING, CONFERENCES & RETREATS
CONTACT:**

☎: +1.770.314.0293
✉: Help@BrokenChainsIntl.com
💻: www.BrokenChainsIntl.com



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